

PARTNER EVENTS AND NEWS

Launching Indonesian Hypertension Protocol for Primary Health Care at the 18th Indonesian Society of Hypertension Scientific Meeting



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Ministry of Health Republic of Indonesia

The Ministry of Health in the Republic of Indonesia recently announced the launch of a new Hypertension Protocol for Primary Health Care during the 18th Indonesian Society of Hypertension Scientific Meeting on February 24, 2024. Held at the prestigious Ritz Carlton Hotel in Jakarta, this protocol is a comprehensive algorithm designed to aid physicians in managing hypertension derivatives in accordance with hypertension guidelines. This marks a significant milestone for Indonesia, as it is the country's

very first hypertension protocol. The decision to create this protocol was driven by the WHO Hypertension Report 2023, which revealed that Indonesia's hypertension-controlled rate was only 4%, instead of the expected 50%. After analyzing the root causes of this disparity, it became clear that the management of hypertension in Indonesia was not optimal due to a lack of available drugs and a lack of protocol to assist physicians with blood pressure control. We have been working tirelessly since 2023 to create this protocol, and



we are thrilled to finally launch it at the most highly attended hypertension symposium in Indonesia.

Every year, the Indonesian Society of Hypertension Scientific Meeting attracts over a thousand general practitioners and specialist doctors. The meeting features updated topics based on the latest guidelines, and this year's theme was "Hypertension 2024: Are We Better Off?" The 18th meeting saw a total of 1400 doctors in attendance, including distinguished international speakers like Bryan Williams (President of the International Society of Hypertension), Teo Boon Wee (Asian-

Pacific Society of Hypertension), Kazuomi Kario (ISH Council Member and HOPE Asia), Yook-Chin Chia (ISH Asia Pacific Regional Advisory Group and HOPE ASIA), and Wook Bum Pyun (Korean Society of Hypertension and Chair ISH Asia Pacific Regional Advisory Group).

It is our hope that future collaborations will effectively manage hypertension and address the most significant cardiovascular disease challenge. Through the implementation of the hypertension protocol, frontline workers will hopefully experience relief in managing hypertension cases across Indonesia. We look forward to seeing you at the 19th Indonesian Society of Hypertension Scientific Meeting.

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