



30 November 2023

## Introduction from the ISH Secretary

### Welcome to the November issue of the ISH e-Bulletin!



As the end of the year is approaching and Christmas is invading our mind, in ISH we are working intensively for developing new initiatives for supporting our members. Three of the ISH committees, the *New Investigator Committee* (NIC), the *Mentorship and Training Committee* (MTC), and the *Women In Hypertension Research Committee* (WiHR) have united their forces to become more efficient in supporting our young colleagues. We also work in developing an interactive online area for our members to connect and communicate, aiming at facilitating information exchange and building new collaborations.

ISH is proud this month to announce that our President Bryan Williams was listed among the top researchers globally! Also, immediate past President Alta Schutte was selected as a leading researcher in vascular medicine in Australia. We have rising stars as well, as you can see in this month's spotlights by the ISH New Investigator Committee and the ISH Women in Hypertension Research Committee.

We are also glad to announce an outstanding initiative by our ISH Americas Regional Advisory Group (RAG) and the Argentinean Society of Hypertension (SAHA) who developed the second edition of a two-year course in hypertension. Also, you should be interested to read a new clinical guide for primary hyperaldosteronism endorsed by the British and Irish Hypertension Society, the September newsletter of the World Hypertension League, and the September issue of ISH Hypertension News. The next issue of ISH Hypertension News will be distributed soon with several articles which we believe you will find interesting. A new statement by the WHO with technical specifications for pre-market assessment of automated cuff blood pressure monitors developed was also published with considerable contribution by ISH officers.

See the last meetings in hypertension this year, announced by our affiliated societies in Philippines, Seoul, Riyadh, Berlin, Abuja, Paris (two meetings), and Shanghai. Last, read the latest newsletter about the 2024 ISH Congress in Cartagena, Colombia. Do not miss the opportunity to join a great international meeting in an extraordinary place!

Enjoy reading!

## News

### ISH launches new initiative to support early to mid-career researchers

A new ISH initiative will offer career development and networking opportunities for early and mid-career researchers. The [ISH Capacity Building Network \(CBN\)](#) will organise webinars and workshops, produce podcasts, and create online videos and resources to help equip early to mid-career investigators with the skills they need to progress in research.

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### Journal of Hypertension 2024 subscription – reduced cost for ISH members

## Journal of Hypertension

The *Journal of Hypertension* is available to ISH members at a discounted rate. In 2024, our members are eligible for an exclusive offer of

**USD 135 for an online only subscription**, which includes:

- Full-text articles of current and past issues at [jhypertension.com](http://jhypertension.com). Access archived issues to 1983.
- Published ahead-of-print allows access to articles online before they appear in an issue.
- Access any time, on any device - [jhypertension.com](http://jhypertension.com) is mobile optimised so you can read articles while you are on the go.

Access this offer via the ISH [Members Area](#).

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### ISH President listed as among top researchers in the world



Our President, Bryan Williams, has been listed as among the world's most influential researchers in 2023. The internationally recognised [list from Clarivate](#) features the world's top 1% of researchers on the basis of exceptional research influence.

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### ISH Past President listed as leading researcher

Congratulations to Alta Schutte, who was ranked as the [leading researcher](#) in Australia in the field of vascular medicine, by national newspaper *The Australian*.



## Hypertension News

Read articles about: a new ISH position paper on lifestyle changes and hypertension; high blood pressure in the young, use of potassium-enriched salt to lower blood pressure; inflammatory

mechanisms of hypertension; the problem of 'diagnostic inertia'; the ESH guidelines, a visit to the ISH2024 conference venue; a special series of articles on Latin America; and more!

Read the [September 2023 issue of Hypertension News](#) online now.



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## World Hypertension League



Please see [the September issue of the WHL newsletter](#), where they announce the World Hypertension Congress 2025, highlight the WHO Global Report on Hypertension and the Global Coalition for Circulatory Health's position paper on UHC. Insights on hypertension are highlighted from their 2023 Excellence Award Winners.

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## Second Edition of the International Certificate Hypertension Course for Latin America

The ISH Americas Regional Advisory Group (RAG) and the Argentinean Society of Hypertension (SAHA) proudly present the second edition of the International Certificate Hypertension Course. This comprehensive two-year program consists of 16 modules. It is designed for physicians in the Latin American region aspiring to become hypertension experts. [Find out more](#)



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## New Investigator Committee (NIC)



[Kenichi Katsurada](#) features as the November new investigator spotlight. Dr Katsurada is assistant professor of clinical pharmacology and cardiovascular medicine at Jichi Medical University in Japan.

Keep up to date with other NIC activities, including planned events for ISH2024, via the ISH website and please reach out with any feedback or suggestions to [nic@ish-world.com](mailto:nic@ish-world.com)

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## Women in Hypertension Research Committee (WiHRC)

This month [Lebo Gafane-Matemane](#) is featured as part of our Women in Hypertension Research spotlight series. Read about Lebo's role, her career path until now, and more.

Register your interest in joining the WiHRC network by emailing [wihrc@ish-world.com](mailto:wihrc@ish-world.com). [Find out more](#) about the WiHRC.



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## Partner Events and Activities

### WHO 2023 technical specifications for pre-market assessment of automated cuff blood pressure measuring devices.

ISH contributors to this WHO paper include George Stergiou, Alta Schutte, Kazuomi Kario and Anastasia Mihailidou. [Find out more](#)

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### 59th Scientific Meeting of the Korean Society of Hypertension (KSH)

Under the excellent leadership of President Ihm, Chairman Park, Secretary and President-Elect Shing, as well as the chair of international Relations Committee Prof. Park, the Korean Society of Hypertension held their annual congress, Hypertension Seoul 2023 (3-4 November 2023). The outstanding programme attracted almost 1,000 attendees. The ISH was represented by the ISH Treasurer Fadi Charchar, ISH Immediate Past President Maciej Tomaszewski and ISH Asia Pacific Regional Advisory Group member Yook-Chin Chia.



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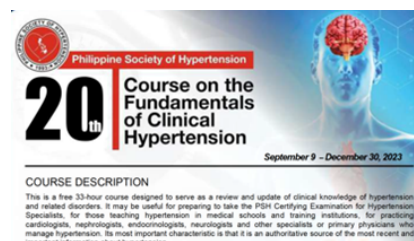
### British and Irish Hypertension Society (BIHS)

Diagnosis and management of primary hyperaldosteronism in patients with hypertension: a practical approach endorsed by the BIHS has now been published in Journal of Human Hypertension. [Find out more](#)

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### Philippine Society of Hypertension 20<sup>th</sup> Course on the Fundamentals of Clinical Hypertension

This [17-module course](#) is accessible online at no cost between 9 September and 30 December 2023. Target audience: Doctors, those teaching hypertension in medical schools and training institutions, residents and fellows in training, doctors preparing to take the PSH Certifying Examination for Hypertension Specialists.



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## German Hypertension League Congress

Hochdruckliga



The German Hypertension League/ Deutsche Hochdruckliga 2023 congress will take place as a hybrid event in Berlin and online from 30 November to 2 December and is dedicated to the topic "Pathways to Cardiovascular Health 2030". ISH members involved in the [programme](#) include Jan Danser, Reinhold Kreutz, Thomas Unger and Roland Schmieder. [Find out more](#)

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## Annual General Meeting of the Nigerian Hypertension Society

This meeting of the Nigerian Hypertension Society (NHS) will be held in Abuja from 4-5 December 2023 under the leadership of Prof. Ayodele Omotoso (NHS President) and Professor Augustine Odili (NHS Vice President and Chair ISH Africa Regional Advisory Group) and colleagues. Email [nigerianhypertensionsociety@gmail.com](mailto:nigerianhypertensionsociety@gmail.com) to find out more.

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## International Society for Vascular health (ISVH)

The 18<sup>th</sup> scientific annual meeting of the International Society for Vascular health (ISVH) will be held on December 8 and 9, 2023 in Paris focusing on vascular health and ageing, blood pressure measurement technologies, and other issues in cardiovascular medicine. George Stergiou will give lectures at this meeting.



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## 43th French Congress on Hypertension

This meeting of French Society on Hypertension (SFHTA) will take place on 14-15 December 2023 in Paris, France. Fadi Charchar will be discussing the ISH Lifestyle paper and Michel Burnier will be presenting. [Find out more](#)

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## Asian Pacific Congress of Hypertension (APCH 2023)



APCH will be hosting their 25<sup>th</sup> International Symposium on Hypertension and Related diseases in Shanghai, China. The congress will be from 14-16 December 2023. Alta Schutte and George Stergiou will give lectures in this meeting. Further details are available on the [APCH 2023](#) website.

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## 1<sup>st</sup> Hypertension Conference in Pediatrics and Adolescents



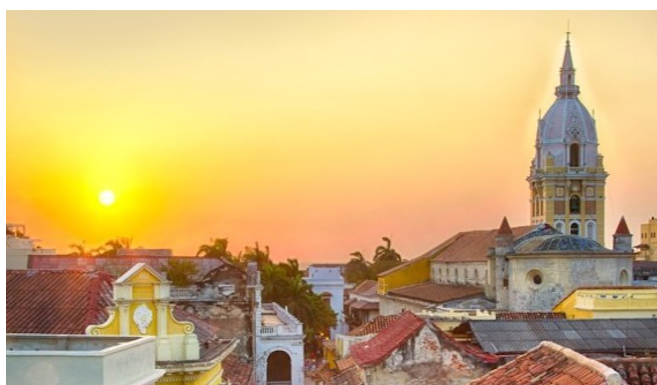
This event will be held in Dammam, Saudi Arabia from 19-21 December. The first day will be dedicated to training on BP measurement and a session will focus on WHL's art competition for children. [Find out more and register](#)

## 33<sup>rd</sup> meeting of the European Society of Hypertension

The abstract submission deadline for the 2024 ESH meeting from 31 May to 3 June 2024 is 1 December 2023. [Find out more](#).



## Register for ISH2024



**There are just 10 months to go until ISH2024.** The theme for the congress is “Improving the control of hypertension worldwide.” Featured topics include:

- multidisciplinary care
- telemedicine and remote monitoring
- models of response to therapy
- special populations
- translational medicine.

[Registration](#), for ISH's 2024 Congress in Cartagena, Colombia, is now open and can be accessed from the [ISH2024 website](#). Watch the [ISH promotional video](#) if you haven't yet seen it!

For more information on 2024 meeting, visit the [ISH2024 website](#), follow ISH2024 on [Instagram](#), [Facebook](#) and [Twitter/X](#), and [sign up](#) for regular email updates about the conference.



## ISH 2024 November newsletter

Read the [latest newsletter](#) from the team co-ordinating the ISH2024 meeting.

## E-Bulletin access

Should you wish to include a news item in the e-Bulletin please email [secretariat@ish-world.com](mailto:secretariat@ish-world.com). Previous e-bulletins can be accessed via the [ISH website](#).

## ISH Corporate Members



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ISH 2024  
CARTAGENA - COLOMBIA

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of hypertension  
worldwide

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