



28 February 2023

## Introduction from the ISH Secretary



This ISH e-bulletin starts with bad news, as we announce the premature passing of *Professor Gavin Norton*. Read about his outstanding career and impact at the *Witwatersrand University* in South Africa.

ISH is highly interested in developing new leaders in the field of hypertension. Thus, the maximum term in office for all committee chairs is four years to help new leaders to emerge. In this ISH e-Bulletin we announce new and any ongoing leaders in our *Committees, Regional Advisory Groups, and New projects*. See the dynamic and truly international synthesis of enthusiastic members, who will work together for implementing the current ISH development plan.

Read about a new outstanding educational initiative by the *ISH Africa Regional Advisory Group*. The *ISH African School of Hypertension* provides virtual training and mentorship to non-physician health workers from across Africa. Also, about a timely and challenging session on *Hypertension Management During Disaster* by the *ISH Middle East and North Africa Regional Advisory Group*, which will take place on the 4<sup>th</sup> March 2023.

For ISH members, see a 2-hour recording of the “*ISH Science to Science Meeting*” which took place in February and provides a critical review on renal denervation and how it can be introduced in clinical practice based on the most recent evidence.

On the 17<sup>th</sup> of May the *World Hypertension League* announces the celebration of the “*World Hypertension Day*” with a wonderful *Children's Art Program*. An opportunity for all of us to spread the message for hypertension awareness, treatment, and control in our communities. Also, the *Resolve to Save Lives* in collaboration with the ISH published a strong statement on how salt intake should be assessed in research. See announcements by the *ISH Mentorship and Training Committee*, the *ISH New Investigator Committee*, the *ISH Women in Hypertension Research Committee*, and for coming meetings by the *European Society of Hypertension*, *Hypertension Canada*, the *British and Irish*, the *Argentinian*, and the *Iraqi Hypertension Society*.

Enjoy reading!

**Professor George Stergiou**

**ISH Secretary**

**Athens, Greece**

ISH Website: [www.ish-world.com](http://www.ish-world.com)

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## **Society and Member Activities**



*It is my sad duty to have to inform our members of the sad and premature passing of a colleague, Professor Gavin Norton, from the University of the Witwatersrand in South Africa. We have posted a [beautiful tribute](#) on the ISH website to Gavin by Prof William Daniels (Head of School, School of Physiology, University of the Witwatersrand), Prof Angela Woodiwiss (Prof Norton's spouse) and Dr Vernice Peterson (Member of the Cardiovascular Pathophysiology and Genomic Research Unit (CPGRU), University of the Witwatersrand). Our condolences go to his family, colleagues and friends.*

Professor Bryan Williams, President International Society of Hypertension.

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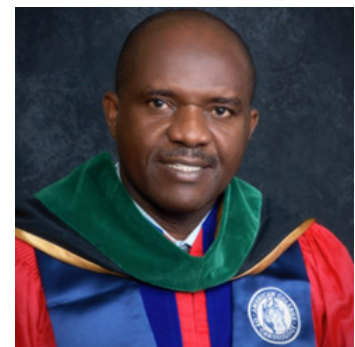
## **2023 ISH Membership Renewals**

All Society members have been sent emails with instructions on how to carry out this process via the ISH [online members area](#). However, please send any queries to the Membership Secretariat. Email: [membership@ish-world.com](mailto:membership@ish-world.com).

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## **ISH Council**

We are delighted to announce that Prof. Augustine Odili, the ISH Africa Regional Advisory Group (RAG) Chair, Nigeria has been appointed by the ISH President, and agreed to serve, as a co-opted attendee of the ISH Council during this Presidential term of office. The African region is such an important and priority area of focus for the ISH and Professor Odili will work to represent the interests of the region within the ISH Council.



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## **ISH Presidency 2022-2024**

### **Chairs ISH Committees and Groups / Project Leads**

It is our great pleasure to announce the following appointments made by the ISH President during his Presidential term of office. We would like to thank all chairs for committing to these important positions and wish them all the very best with their roles. Committee chairs will now be building out the membership of their respective committees and the ISH website will be updated with all committee members' details in due course.

**Committees**

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<b>Awards</b>	George Stergiou	Greece
<b>Communications</b>	Anastasia Mihailidou	Australia
<b>Corporate Liaison</b>	Bryan Williams	UK
<b>Finance</b>	Fadi Charchar	Australia
<b>Mentorship and Training</b>	Augusto Montezano	Canada
<b>New Investigator</b>	Dean Picone	Australia
<b>Research and Education</b>	Nadia Khan	Canada
<b>Women in Hypertension Research</b>	Niamh Chapman	Australia



*Top row from left: Niamh Chapman, George Stergiou, Bryan Williams, Nadia Khan*



*Bottom row from left: Anastasia Mihailidou, Dean Picone, Augusto Montezano, Fadi Charchar*

<b>Regional Advisory Groups (RAGs)</b>		
<b>Africa RAG</b>	Augustine Odili	Nigeria
<b>Americas RAG</b>	Cesar Romero	USA
<b>Asia Pacific (APAC) RAG</b>	Wook-Bum Pyun	South Korea
<b>Europe RAG</b>	Claudio Borghi	Italy
<b>Middle East and North Africa (MENA) RAG</b>	Jafar Alsaïd	Bahrain/USA
<b>South and Central Asia (SACA) RAG</b>	Dorairaj Prabhakaran	India

<b>Special Projects</b>		
<b>ISH Academy</b>	Erika Jones	South Africa
<b>Focus Group: Innovations in Blood Pressure Measurement</b>	Kazuomi Kario	Japan

*Top row from left: Erika Jones, Dorairaj Prabhakaran, Wook-Bum Pyun, Jafar Alsaïd*



*Bottom row from left: Augustine Odili, Kazuomi Kario, Claudio Borghi, Cesar Romero*

## ISH2022 Abstracts

Outstanding research presentations were displayed in Kyoto at the 2022 ISH biennial meeting. These abstracts have now been made available [online](#) via the *Journal of Hypertension*.

## Health workers from across Africa trained and mentored in ISH initiative

94 health workers from across Africa have received training and mentorship as part of a new ISH initiative aimed at improving hypertension care across the continent.

The African School of Hypertension for Non-Physician Health Workers was set up by the ISH Africa Regional Advisory Group (RAG) and offers training on diagnosing and managing hypertension, and on referring patients to specialist physicians.

Read more on the [ISH website](#).

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### **Science to Science Meeting**

An ISH meeting took place on 20<sup>th</sup> February to discuss latest insights on the science of renal denervation, most recent global renal denervation clinical data, hypertension care pathway and considering introduction of renal denervation to appropriate patients. The event recording can be viewed for 60 days via the [online members area](#).

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### **Joint statement on the assessment of salt intake in research**

ISH, World Hypertension League and Resolve to Save Lives have published a consensus statement in the Journal of Hypertension strongly recommending against conducting, funding or publishing research studies that use spot urine samples with estimating equations to assess individuals' sodium (salt) intake in association with health outcomes. [Read the full policy document](#).

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### **MENA RAG session: Hypertension Management During Disaster**

An upcoming ISH Middle East and North Africa Regional Advisory Group meeting will focus on hypertension management during disaster. Registration is \$25 and all funds will go towards UNICEF relief actions following the earthquake in Syria and Turkey.

Event details: 4<sup>th</sup> March 2023 at 6pm Bahrain time (3pm GMT). [Find out more](#).

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### **ISH 2024 Scientific Meeting**

Save the date and join us in Cartagena, Colombia from 19 to 22 September 2024. This [promotional video](#) details many of the beauties of Colombia and the highlights expected at the biennial meeting. [Registration](#) is now open. For discounted rates, register early. Further information can be found on the [ISH2024 website](#).

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### **Mentorship and Training Committee (MTC)**

The complete episode [list](#) of MTC podcasts is available via Spotify and Apple Podcasts.

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### **New Investigator Committee (NIC)**





Dr [Ashley Craig](#) features for the NIC in February. She is a Postdoctoral Research Fellow within the South African Medical Research Council (SAMRC) Unit Developmental Pathways for Health Research Unit; (DPHRU) supported by the Department of Science and Innovation/National Research Foundation (DSI/NRF) Centre of Excellence (CoE) in Human Development at the University of the Witwatersrand. Her research focus is cardiovascular disease prevention in Africa, particularly in children and young adults.

Follow us on Twitter:  
@ISHBP #ISHNIC  
Webpage: <https://ish-world.com/new-investigators>  
Email: [nic@ish-world.com](mailto:nic@ish-world.com)



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## Women in Hypertension Research Committee (WIHRC)

Should you wish to join the WIHRC network you can register your interest by emailing [wihrc@ish-world.com](mailto:wihrc@ish-world.com). @ISHBP #WiHypertenRes

Webpage: <https://ish-world.com/women-in-hypertension/> Email: [WIHRC@ish-world.com](mailto:WIHRC@ish-world.com)

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## Affiliate Events and Activities



### World Hypertension League

World Hypertension Day is celebrated annually on 17 May. This year the WHL theme is “Measure your Blood Pressure Accurately, Control it, Live Longer”. This will include the 2023 Edition of the WHL Children's Art Program. The [submission form](#) can be downloaded from the [WHL website](#) and submissions are open.

Young artists (under 18 years old) from around the world are invited to submit an art contribution depicting an aspect of high blood pressure awareness to help celebrate 2023 World Hypertension Day on May 17th. All submissions will be considered for recognition with the Edward J. Roccella Excellence Award with a global showcase.

This year WHL are encouraging artwork related to the theme of healthy blood pressure, including:

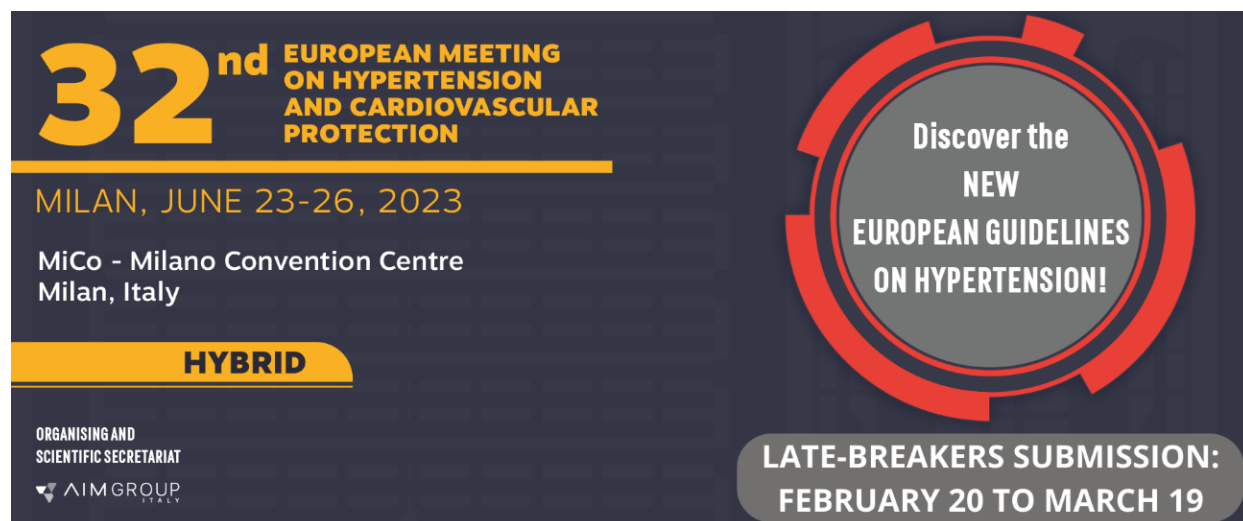
- Accurate and regular blood pressure measurement: Know Your Numbers
- More physical activity & less screen time: Move Your Way: Walk, Run, Dance, Play
- A low sodium, heart healthy diet: Enjoy Your Fruits & Veggies
- Refrain from any kind of smoking: Stay Smokefree

Children can create an original drawing by hand with crayons, colored pencils, ink pens, markers, paint (acrylic or watercolor), or by using digital tools. The artwork should be titled “**World Hypertension Day 2023**” in the artist’s language. Contributing artists will be recognized with WHL award certificates, and their artwork displayed on the WHL website, with select pieces presented in the WHL Newsletter.

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## European Society of Hypertension

The ESH [32<sup>nd</sup> European Meeting](#) will be held from 23-26 June. [Late breaker abstracts](#) are invited.



**32<sup>nd</sup> EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION**

MILAN, JUNE 23-26, 2023

MiCo - Milano Convention Centre  
Milan, Italy

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AIM GROUP ITALY

Discover the  
NEW  
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ON HYPERTENSION!

LATE-BREAKERS SUBMISSION:  
FEBRUARY 20 TO MARCH 19

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## Central American & Caribbean Society for Hypertension (SCCH)

SCCH has elected a new board of the Central American and Caribbean Hypertension Society. The new president is Dr. Wistremundo Dones from Puerto Rico.

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## Hypertension Canada



Dr Dean Picone will be presenting his research on the large number of unvalidated blood pressure devices that are commercially available on 8 May 2023. This will be followed by Dr Swapnil Hiremath and Jonathan Chan

commenting on public health implications and insights on the access to these devices.

Event access details from the organisers are tbc and will be included in a future e-bulletin.

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## Iraqi Hypertension Society (IqHS)



The IqHS has developed an ambitious programme to promote awareness and knowledge on the prevention and treatment of hypertension in Iraq. Further information about their activities can be found on the [IqHS website](#). Activities have included awareness campaigns at religious sites, joint academic meetings and addressing challenges for optimising blood pressure control.

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## XXIX Argentine Congress of Arterial Hypertension

The Argentine Congress of Arterial Hypertension will be held from 20-22 April 2023 in Buenos Aires, Argentina. The theme for this year is improving knowledge, treatment and control of hypertension and its risk factors. ISH speakers include Bryan Williams, ISH President; Fadi Charchar, Treasurer; Anastasia Mihalidou, Chair ISH Communications Committee and Cesar Romero, Chair Americas RAG.

[www.saha.org.ar](http://www.saha.org.ar)



The BIHS will be hosting their annual meeting from the 18<sup>th</sup> to 20<sup>th</sup> September 2023 in Aberdeen. The abstract presentations will be a feature of this year's programme, with many prizes to be won. [Abstract submissions are open](#) until 26 April 2023. Further details are on the [BIHS website](#). [Bursaries](#) are available for the congress.

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## E-Bulletin access

Should you wish to include a news item in the E-Bulletin please email [secretariat@ish-world.com](mailto:secretariat@ish-world.com). Information should be submitted before the 20<sup>th</sup> of each month.

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