



27 January 2023

Introduction from the ISH Secretary



Welcome to the first ISH e-bulletin of 2023!

I'd like to start by wishing to all ISH members and friends around the world only the best in 2023!

As 2023 begins see upcoming plans for new ISH initiatives for the next couple of years! ISH President Bryan Williams is presenting his vision for his Presidential term. '*ISH Empower*', '*ISH Academy*', and '*ISH Focus*'. I will say no more. Watch the video to find out about the three new ISH developments aiming at improving hypertension education and care globally.

We are delighted to announce to the ISH members much lower membership fees offered from 2023!

This is now exclusive for ISH membership, and it is separate from that for the ESH. Note that it is now optional for ISH members to subscribe to the Journal of Hypertension. However, ISH members are eligible for an exclusive offer for online subscription to the journal, which will be paid directly via the ISH Membership Portal. Renewal notices will be circulated to you in the next few days.

A great start for the new year is the publication of an "*International Consensus Paper on Standardised Office Blood Pressure Measurement*" (*Am J Med* 2023, Jan. 5), aiming at improving the '*cornerstone*' for hypertension diagnosis and management. What is extraordinary about this statement is that twelve prestigious organizations collaborated for its development, with strong ISH involvement.

On Monday, 20 Feb. 2023 ISH is organising a webinar to review the latest data on renal denervation and discuss where and how this method can be applied in hypertension management. Attendance is limited to ISH members. Please register via the online portal.

See the latest news by the ISH New Investigator Committee, the ISH Women in Hypertension Research Committee, and by the World Hypertension League with Dr Paul Whelton as a new president! Also, announcements for meetings by national hypertension societies in 2023, and ESH announcements for the 2023 meeting in Milan in June. Check the ISH list of podcasts by the ISH Mentorship Committee available at Spotify and Apple, with two new podcasts presenting interviews with Prof. Edward Sturrock from South Africa and Prof. Anna Dominiczak, past secretary of the ISH.

Lastly, this month the President and I had a very positive meeting with the local organising committee of the next ISH meeting in Cartagena, Colombia (19-22 Sep. 2024). Visit the [ISH2024 website](#) to see the first announcements and a beautiful video introducing the meeting and the city of Cartagena. Make your plans and save the dates to join us for one more great ISH meeting in this wonderful destination.

Thanks for reading and we look forward to an exciting ISH year with more activities and achievements!

Professor George Stergiou

ISH Secretary

Athens, Greece

ISH Website: www.ish-world.com

Video message from the President

ISH President Professor Bryan Williams highlights some key plans for the ISH over the next two years, to improve the detection, treatment and control of high blood pressure throughout the world. [Watch this video.](#)



Society and Member Activities

ISH2022 Abstracts

Outstanding research presentations were displayed in Kyoto at the 2022 ISH biennial meeting. These abstracts have now been made available [online](#) via the Journal of Hypertension.

Publications

Incorrect measurement of blood pressure is a roadblock to the correct diagnosis of hypertension. ISH has partnered with multiple organisations to emphasise the importance of the standardised measurement for accurate blood pressure readings in clinical service. [International Consensus on Standardized Clinic Blood Pressure Measurement – A Call to Action](#) is available on the ISH website.

Half a million in UK miss out on blood pressure medication



ISH President Professor Bryan Williams responded to research published in January finding that 500,000 people in England, Scotland and Wales missed out on blood pressure lowering drugs during the pandemic. He said the study reflects what many colleagues have been seeing around the world in terms of interrupted access to chronic disease management during the pandemic. The full article is available on the [ISH website](#).

Hypertension News



Opera 71-72: The [November issue of Hypertension News](#) is available with many highlights from the ISH. This issue includes an interview with the new ISH President Professor [Bryan Williams](#), reports from ISH2022, Learning the Ropes: “Nitrates in Vascular Biology” and comments on the [Time Study](#).

Science to Science Meeting

Monday, 20 February 2023 from 2-4pm UK / GMT



Evidence-based
Science to Science Meeting

We will be discussing the latest insights on the science of renal denervation, most recent global renal denervation clinical data, hypertension care pathway and appropriate patients. Attendance is limited to ISH members. Please register via the [online portal](#).

Co-Chairs / Moderators



Professor Bryan Williams
ISH President
University College London | UK



Professor George Stergiou
ISH Secretary
University of Athens | Greece



Professor Markus Schlaich
ISH Past-Council Member
The University of Western
Australia | Perth



Jeffrey J. Popma, M.D.
VP / CMO - SH & CRDN
Prof. of Medicine,
Emeritus | Harvard
Medical School



Doug Hettrick, PhD
Senior Director, Office of
Medical Affairs, CV
Group - CRDN
Operating Unit

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Mentorship and Training Committee (MTC)



In a recent podcast, Guto Montezano interviews Dr [Edward Sturrock](#), Professor at the Department of Integrative Biomedical Sciences and a founding member of the Institute of Infectious Diseases and Molecular Medicine at the University of Cape Town, South Africa. Professor Sturrock is a leading researcher the University of Cape Town, particularly in the drug development in the region of the renin-angiotensin system.

In the latest podcast, Francine Marques and Guto Montezano interview Professor [Anna Dominiczak](#), Regius Professor of Medicine at the University of Glasgow and Chief Scientist (Health), at the Scottish Government. Professor Dominiczak is a past president of the ISH European Society of Hypertension and Secretary of the ISH. She received the 2022 ISH Robert Tigerstedt Award at ISH2022.



The complete episode [list](#) of MTC podcasts is available via Spotify and Apple Podcasts.

New Investigator Committee (NIC)

[Zack Blaikie](#) is the NIC spotlight for January. Zack has a growing body of research in the pathophysiology of hypertension, in particular inflammation and redox signally, some of which was



presented at ISH2022. His PhD focuses on hypertension related cerebrovascular disease.



Follow us on Twitter: @ISHBP #ISHNIC

Webpage: <https://ish-world.com/new-investigators>

Email: nic@ish-world.com

Women in Hypertension Research Committee (WiHRC)



Dr [Hawa A. Derbi](#) features as the most recent spotlight for the WiHRC. Dr Derbi is the Director of the Cardiology Department at the National Centre for Disease Control in Libya. She has a strong interest in teaching and leads a hypertension work group for the Libyan Cardiac Society. Dr Derbi discusses some of the challenges she has faced and overcome during her time as a clinician.

Should you wish to join the WiHRC network you can register your interest by emailing wihrc@ish-world.com. @ISHBP #WiHypertenRes

Webpage: <https://ish-world.com/women-in-hypertension/> Email: WiHRC@ish-world.com

Affiliate Events and Activities

World Hypertension League

The [WHL December Newsletter](#) welcomes Dr Paul Whelton as the new WHL president. The newsletter highlights the latest Sodium Reduction news, showcases recent WHL joint sessions at ISH, WSO and AHA, and highlights a *JHH* piece on hypertension arising during gestation. A warm welcome is given to a new WHL member, *Guang dong-Hong Kong-Macao Greater Bay Area Hypertension League*, and there is lots of exciting news from WHL partners after a very busy final quarter of the year.



European Society of Hypertension



The ESH [32nd European Meeting](#) on Hypertension and Cardiovascular protection will be held from 23-26 June in Milan.

Philippine Society of Hypertension

The [Society](#) will hold its 28th Joint Annual Convention from **15-17 February 2023**.
The theme: New Challenges in Hypertension Management and Cardiovascular Prevention.



Indonesian Society of Hypertension



The 17th Scientific Meeting of the [Indonesian Society of Hypertension](#) (InaSH) will be held from 24-26 February 2023 in Jakarta, Indonesia. The theme: *Optimal Hypertension Prevention and Management in Indonesia: Are We Ready Yet?*

XXIX Argentine Congress of Arterial Hypertension

The Argentine Congress of Arterial Hypertension will be held from 20-22 April 2023 in Buenos Aires, Argentina. The theme for this year is improving knowledge, treatment and control of hypertension and its risk factors. ISH speakers include Bryan Williams, ISH President; Maciej Tomaszewski, Immediate Past President; Fadi Charchar, Treasurer; Anastasia Mihalidou and Cesar Romero. www.saha.org.ar



ISH 2024 Scientific Meeting

Save the date and join us in Cartagena, Colombia from 19 to 22 September 2024. This [promotional video](#) details many of the beauties of Colombia and the highlights expected at the biennial meeting. [Registration](#) is now open. For discounted rates, register early. Further information can be found on the [ISH2024 website](#).



E-Bulletin access

Should you wish to include a news item in the E-Bulletin please email secretariat@ish-world.com. Information should be submitted before the 20th of each month.

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ISH 2024
CARTAGENA - COLOMBIA

Improving the control of hypertension worldwide

Asociación SOCIEDAD COLOMBIANA DE CARDIOLOGÍA & CIRUGÍA CARDIOVASCULAR

International Society of Hypertension

SEPTEMBER 19 - 22 2024



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