



14 November 2022

Introduction from the ISH Secretary



ISH is very proud of its successful ISH2022 congress in Kyoto! Despite the issues with the pandemic and the visa restrictions in Japan, which were removed on the day before the ISH congress started, those who attended enjoyed an excellent scientific program with outstanding sessions, special social events reflecting the Japanese culture, and of course the wonderful city of Kyoto. At last, we had a 'physical' ISH meeting and a wonderful opportunity for all of us to meet again and exchange views on our mutual interests!

An important moment in the meeting was the announcement of the 2022 ISH awards! ISH is very proud of its list of awards for senior researchers, young investigators, women, fellows, developing world, etc. It has been a tough task for the ISH awards committee this year to select among many candidates with outstanding careers from all around the world. See the 2022 winners at <https://ish-world.com/ish-2022-award-winners/> including Suzanne Oparil, Anna Dominiczak, Eoin O'Brien, Andre-Pascal Kengne, Daniela Carnevale, Sverre Kjeldsen, Heddwen Brooks, Ibtisam Ahmed Ali Babiker, Yook-Chin Chia, Stephanie Watts, Meena Madhur, Dean Picone, Chia-Te Liao, and Yoko Inagaki.

Highlighted at the end of the meeting, was the announcement of the "Hypertension Zero Declaration" signed by the Chair of the meeting Hiroshi Itoh and the ISH 2020-2022 President Maciej Tomaszewski. ISH is grateful to Hiroshi Itoh and the local organising committee for setting up such a successful and memorable ISH congress in these challenging circumstances! The next ISH congress will take place in Cartagena, Colombia in September 2024. Cartagena is a gorgeous historic city on the Caribbean coast and a top tourist destination in the area. We have started work with the local organising committee and look forward to another outstanding ISH congress.

The end of the Kyoto meeting came with a change in ISH leadership. The 2020-2022 ISH President Maciej Tomaszewski and his council members executed several actions which were important for reshaping and modernising the ISH, and also introduced new initiatives with global impact. This is a great basis for the new ISH President, Bryan Williams, to start new activities aiming at improving science and education and thereby hypertension management at a global level. During the Kyoto meeting we were delighted to announce three new council members: Tazeen Jafar, Kazuomi Kario and Cesar Romero, elected among several outstanding candidates. With Bryan in charge, we are looking forward to a super active two-year term and further increase of the global impact of the ISH.

See below in our e-Bulletin further details about these ISH achievements, news from the ISH New Investigator Committee, the ISH Mentorship and Training Committee, the ISH Women in Hypertension Research Committee, and much more.

Professor George Stergiou
ISH Secretary
Athens, Greece

ISH Website: www.ish-world.com

ISH Kyoto 2022 Meeting, 12-16 October



Finally, with much excitement, ISH2022 in Kyoto arrived. Should you have been unable to attend the meeting in person, do not despair! It is still possible to register until 30 November 2022 to watch the On-Demand

sessions. This is well worth your while. Registration is via the [ISH2022 website](http://www.ish2022.org).

Please find included a letter from the ISH2022 Public Relations Committee Chair:

Dear ISH Members

On behalf of the LOC of the ISH2022KYOTO, I would like to thank you for your participation in ISH2022KYOTO.

We apologize for any inconvenience caused as the Japanese government's policy regarding COVID-19 was not finalized until the last minute. However, on the day of the event, the infection had subsided and many researchers from abroad attended the event, as well as over 1,500 participants from 67 countries on-site.

We had a very exciting program on all aspects of blood pressure-related science, and we received many compliments from the attendees on what an excellent program it was. For those of you who were unable to attend, we do hope that you will enjoy viewing the program on demand.

<https://www.ish2022.org/registration/registration-guidelines/>

Although many of you participated online, for me personally, ISH2022 KYOTO was a great opportunity to reaffirm that face to face human connections are really wonderful. Especially from the opening ceremony, where Their Imperial Highnesses Prince and Princess Akishino gave a

wonderful speech, to the Gala Dinner where the new ISH Council members were announced (see photo below), we had a wonderful time sharing with all of you at several local social events.

I look forward to seeing you all again in the future. I sincerely hope for peace in the world.

Sincerely,

Committee Chairman
ISH2022KYOTO Public Relations Committee

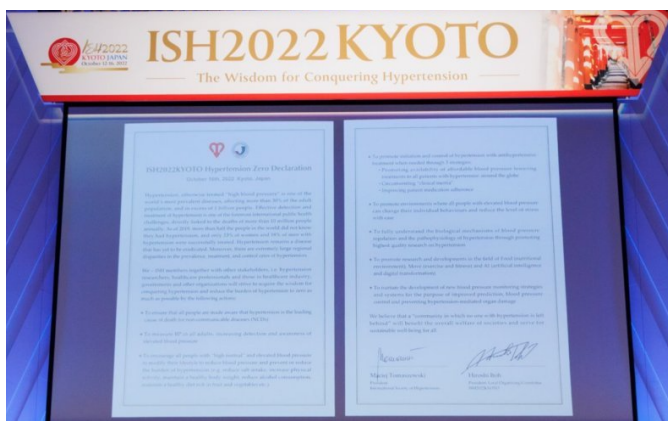


Akira Nishiyama

Photo

ISH Council members with Ninja at Gala dinner

ISH2022 KYOTO concluded with the **Hypertension Zero Declaration**. This was signed by Professors Hiroshi Itoh (Chair, ISH Kyoto 2022 Meeting) and Maciej Tomaszewski (ISH President 2020-2022) during the Closing Ceremony on 16th October 2022 and published online as a co-publication between Cardiovascular Research and Hypertension Research on 27th October 2022.



ISH 2022 Award Winners

We are delighted to announce the winners of the ISH 2022 awards who were presented during the ISH Awards and Lectures Session on 15th October in Kyoto, Japan.



ISH Franz Volhard Award and Lectureship for Outstanding Research

Winner: Dr Suzanne Oparil

The Awards Committee recognised Dr Oparil's outstanding contributions to basic clinical and population cardiovascular research that shaped medical practice in hypertension. Dr Oparil has made significant contributions to AHA, ASH, and American Federation for Clinical Research and indeed ISH in leading positions. She has held important advisory positions with the National Institutes of Health and led Task Forces, expert panels, peer-review and guidelines committees, served as Co-chair of the Joint National Committee charged with developing the JNC 8 U.S. guidelines for the prevention, detection, evaluation and treatment of high blood pressure. She has received numerous honorary memberships, lectureships and distinguished awards for her contributions to academic medicine. The Society is grateful for the immense impact of Dr Oparil's contribution to research and education on management of hypertension around the globe. Dr. Oparil gave a lecture at the ISH Kyoto meeting entitled: "My Road in Academic Cardiology"

ISH Robert Tigerstedt Lifetime Achievement Award

Winners: Professor Dame Anna Dominiczak and Professor Eoin O'Brien

The Awards Committee has appreciated Professor Dame Anna Dominiczak's lifetime contributions to hypertension research and clinical practice. Since obtaining her first medical degree in 1978, she has made substantial and novel contributions to advance research in hypertension, cardiovascular genomics and precision medicine where she led major research programmes. Apart from contributions to research, she has made a major impact on clinical practice and education as President of the Association of Physicians of Great Britain and Ireland (2018-2021), President of European Society of Hypertension and Secretary of ISH and Editor-in-Chief of Hypertension. She

has supervised and mentored numerous researchers in the field of hypertension many of whom are in top leadership positions in academia. The Society is grateful to Professor Dame Anna Dominiczak for accepting the ISH Robert Tigerstedt Award.

The Awards Committee was impressed by Professor O'Brien's outstanding lifetime contributions to hypertension research and clinical practice. He is widely acknowledged by his international colleagues to have made an extraordinary contribution to the blood pressure (BP) measurement field with enormous influence globally. Professor O'Brien has published over 800 scientific papers on BP measurement methodology and technology that have shaped clinical practice and influenced international guidelines. Professor O'Brien led the development of the BHS and ESH-IP protocols for the validation of BP monitors and founded the first international initiative to evaluate the accuracy of BP monitors to provide guidance to healthcare professionals and patients. The Society is grateful to Professor O'Brien for accepting the ISH Robert Tigerstedt Award.

Society and Member Activities

New ISH Council Members 2022

The International Society of Hypertension (ISH) was pleased to welcome its newly elected Council Members during the Gala Dinner at the ISH Kyoto 2022 Meeting on 15th October 2022. Those joining Council include Tazeen Jafar, Kazuomi Kario and Cesar Romero.



Brief biographies of the three individuals who will serve an initial four-year term (2022-2026) can be viewed [here](#).

ISH Publications

[Renin-Angiotensin System Inhibitors in Patients With COVID-19: A Meta-Analysis of Randomized Controlled Trials Led by the International Society of Hypertension](#) *J Am Heart Assoc.*

2022;11(17):e026143. doi: 10.1161/JAHA.122.026143.

This metanalysis demonstrates the safety of using renin-angiotensin system inhibitors in COVID-19.

[Addressing global disparities in blood pressure control: perspectives of the International Society of Hypertension](#) *Cardiovascular Research*

From the perspective of members of the International Society of Hypertension based in all regions, we reflect on the past, present, and future of hypertension care, highlighting key challenges and opportunities, which are often region-specific.

The ISH, along with the ESH, have issued a [statement of support](#) for the Ukraine.

ISH 2024 Scientific Meeting

Save the date and join us in Cartagena, Colombia from 19th to 22nd September 2024.



Hypertension News

Opus 70: the [September issue of *Hypertension News*](#) is out. This issue highlights the history of this publication, focuses on hypertension in the very old and the Kyoto meeting, ISH2022.



Mentorship and Training Committee (MTC)

Ish-world.com/mentorship



In the latest podcast, @guto_montezano interviews @CFWenceslau, head of the @WenceslauLab, A/Prof at @UofSCSOMC @CTRC_UofSCSOM, USA. [Dr Camilla Wenceslau](#) is an associate professor in the Department of Cell Biology and Anatomy at the University of South Carolina School of Medicine, USA. She was named the 2022 American Heart Association Hypertension Council Goldblatt Awardee.

The complete episode [list](#) of MTC podcasts is available via Spotify and Apple Podcasts.

New Investigator Committee (NIC)

Reconnecting New Investigators at ISH 2022



The ISH New Investigator Committee (NIC) hosted a successful New Investigator Networking Event at the ISH 2022 Scientific Meeting on 12th October 2022 focusing on networking and publishing. Find out more and [view information](#) on the award winners.

ISH 2022 main awards

We would like to congratulate the ISH New Investigator awardees

- ISH Austin Doyle Award Session: Dean Picone
- ISH New Investigator Oral Presentation Award Session Winner: Chia-Te Liao
- ISH New Investigator Oral Presentation Award Session Runner Up: Yoko Inagaki

Follow us on Twitter: @ISHBP #ISHNIC

Webpage: <https://ish-world.com/new-investigators>

Email: nic@ish-world.com

Women in Hypertension Research Committee (WiHRC)



The [October 2022 Women in Hypertension Research \(WiHR\) newsletter](#) focused on activities at the ISH Kyoto 2022 meeting. Further WiHRC activities include WHL involvement and a roadmap to support cardiovascular researchers. For these and other details please read the newsletter.

Should you wish to join the WiHRC network you can register your interest by emailing wihrc@ish-world.com. @ISHBP #WiHypertenRes

Webpage: <https://ish-world.com/women-in-hypertension/> Email: WiHRC@ish-world.com

Affiliate Events and Activities



World Hypertension League

The [WHL September Newsletter](#) demonstrates the value of collaboration for promoting awareness of Hypertension and cardiovascular disease. The WHL has been particularly active in promoting hypertension care in Africa and their activities are highlighted in this issue with a “Call to Action in Africa”.

World Health Summit

The first joint World Health Summit and World Health Organization meeting was held from [16th to 18th October 2022 in Berlin, Germany](#). The summit focused on Global Health: Health for All and vaccine inequity. The entire program is available online, you can rewatch all sessions on [YouTube](#)



WORLD
HEALTH
SUMMIT



International Diabetes Federation

The International Diabetes Federation will host their 2022 World Diabetes Congress December 5-8 in Lisbon. <https://idf2022.org/>

“On Air Youth Academic Salon”, China

The next event will be held at 8:00 pm-9:30 pm on 13th November 2022 (Beijing time). All hypertension researchers are welcome to the panel discussion. Please feel free to email yjihzam@126.com for further details.



E-Bulletin access

Should you wish to include a news item in the E-Bulletin please email Helen@ish-world.com. Information should be submitted before the 20th of each month.

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