



10 May 2022

## Introduction from the ISH Treasurer

I am delighted to present the latest issue of the ISH E-Bulletin. Read on for an important announcement regarding the outcome of the 2022 ISH Presidential Election and updates on a plethora of Society activities.

### **Professor Bryan Williams confirmed as President Elect of the International Society of Hypertension.**

It's my pleasure as Chair of the ISH Elections Committee to announce Professor Bryan Williams as the next President of the International Society of Hypertension (2022-2024).



Bryan is a distinguished hypertension researcher and clinician. Alongside his outstanding academic record, he has a wealth of experience of working with policy makers and leading world-class research, including his current role as Chair of Medicine at University College London (UCL) and Director, and Board Member at UCL Hospitals.

As a member of the ISH Council since 2018, Bryan currently holds the position of Secretary of the Society (2020-2022). He has held several varied senior leadership roles including those within ISH Affiliated Societies - President of the British and Irish Hypertension Society and Chairman of the European Society of Cardiology (ESC) Council on Hypertension.

Bryan has a strong record in mentoring and training many younger clinicians and scientists in the field of hypertension, from all over the world. Itself, a personal driver for him in his own words "to make the ISH even more inclusive, better representing the rich diversity of its membership, which can only make the ISH stronger, more relevant".

Professor Williams said that "It is, of course, a great personal honour to be elected President. To seek the support of colleagues that I have long admired, is a humbling experience. My decision to stand for election has been encouraged and inspired by the passion and commitment of fellow-ISH Council members, and the enthusiasm of our next generation of ISH leaders, to continue to develop the global impact and influence of the ISH".

President-Elect Professor Williams will take up the Presidential office at the conclusion of the ISH 2022 meeting in Kyoto in October 2022.

There have been 25 Presidents of the International Society of hypertension since it was founded in 1966.



**Professor Fadi Charchar**  
ISH Treasurer  
Ballarat, Australia

## President's Blog

Check out the latest **ISH President's Blog**, written by Professor Maciej Tomaszewski, for the latest information straight from the ISH President.

ISH Website: [www.ish-world.com](http://www.ish-world.com)



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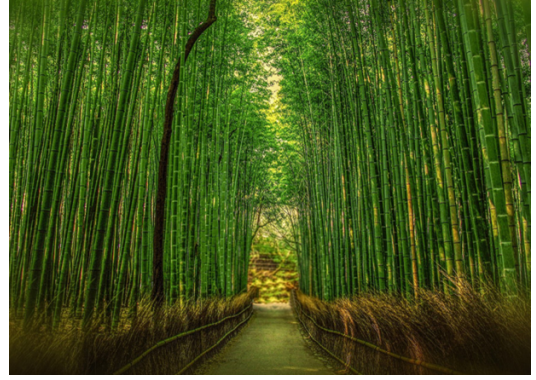
## ISH Kyoto 2022 Meeting, 12 -16 October



The ISH congress in Kyoto is our premier event this year. Acclaimed speakers include Hiroo Imura, Shinya Yamanaka, Victor Dzau, Richard Lifton, Hiroshi Ishiguro and Daiko Matsuyama. Further details can be found on the [congress website](#), [Facebook](#), [Instagram](#) and [Twitter](#). We hope that the ISH2022 in Kyoto will give you the opportunity to find the latest knowledge and intelligence for the treatment and cure of hypertension and its related diseases. **Abstract submissions** are open until 17 May 2022, World Hypertension Day. Countdown videos from [Asako Mito](#) and [Mariyo Sakoda](#) can be viewed on the ISH2022 website.

The Website includes a [promotional toolkit](#) to whet your appetite for the beautiful city of Kyoto.

<https://www.ish2022.org>



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## Society and Member Activities

The ISH, along with the ESH, have issued a **statement of support** for the Ukraine.

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## World Hypertension Day

The ISH would like to remind everyone that **17 May 2022** is **WORLD HYPERTENSION DAY**. This is an opportunity for the international hypertension community to highlight the challenges of hypertension and encourage screening. Please be involved in our drive to promote awareness of Hypertension.



We encourage you also to get involved with **May Measurement Month**; the global blood pressure screening awareness campaign, launched in 2017 by the ISH. May Measurement Month enables people of all ages to get checked in the world's largest FREE blood pressure screening programme. It's just a little squeeze to make sure you are part of #TheBigSqueeze. Further information is available from the **Hypertension News report**.

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## Call for ISH Awards Nominations



The International Society of Hypertension (ISH) is pleased to call for nominations for the following awards. These will be presented on the occasion of the 29th Scientific Meeting of the ISH, which will be held in Kyoto, Japan from 12th to 16th October 2022 (**www.ish2022.org**). Visit the **ISH website** to find out more.

- ISH Franz Volhard Award and Lectureship for Outstanding Research
- ISH Robert Tigerstedt Lifetime Achievement Award
- ISH Developing World Award
- ISH Paul Korner Award, supported by the High Blood Pressure Research Foundation of Australia
- ISH Distinguished Fellow Award
- ISH Honorary Fellow Award
- ISH Award of Excellence for Research in Cardiovascular Health and Disease in Women
- ISH Mid-Career Award for Women Researchers



## Hypertension News



Please read the **April issue of Hypertension News**. Very valuable contributions into Childhood hypertension have been included in this issue from pre-eminent clinicians and researchers. A section on “African voices” highlights some of

the challenges experienced in Africa.

We are pleased to announce a new Hypertension News Editorial Board member: Hiromi Rakugi from Japan (right).



## Americas Regional Advisory Group

We would like to congratulate our new Americas RAG member: Candace McNaughton from Canada (left).

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## ISH Middle East and Africa Regional Advisory Group Scientific Sessions

The 4<sup>th</sup> ISH Middle East and Africa Regional Advisory Group (MENA RAG) Scientific Webinar will take place on 28<sup>th</sup> May. May Measurement Month is up for discussion. The [programme](#) and links for registration are included on the ISH website.

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## Mentorship and Training Committee (MTC)



Nadia Khan  
Canada



Ruan Kruger  
South Africa

The latest MTC podcasts include a discussion with **Professor Ruan Kruger** from South Africa who is the former chair of the NIC and a WiHRC member. Ruan’s contribution to science in Africa is inspiring. **Professor Nadia Khan** from Canada has also featured in the MTC podcasts. Prof Khan is an ISH Council Member and Chair of the ISH Research and Education Committee, with involvement in many other committees.



Reach out using this **form** if you would like help to find an international mentor. The complete episode **list** of MTC podcasts is available.

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## New Investigator Committee (NIC)



Prof. **Ching Siew Mooi** from Malaysia provides us with this month's "Words of Wisdom". Prof Mooi is a member of the WiHRC. Read how hard work brings dreams to life.



Follow us on Twitter: **@ISHBP #ISHNIC**

Webpage: <https://ish-world.com/new-investigators>

Email: [nic@ish-world.com](mailto:nic@ish-world.com)

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## Women in Hypertension Research Committee (WiHRC)



Recent WiHRC spotlights include Dr's **Tazeen Jafar** and **Erika Jones**. Dr Jafar is Lead for the **ISH College of Experts** and a member of the Research and Education committee. A. Prof Jones is a member of the Communications Committee and the Lead for the monthly eBulletin.

Should you wish to join the WiHRC network you can register your interest by emailing [wihrc@ish-world.com](mailto:wihrc@ish-world.com). **@ISHBP #WiHypertenRes**

Webpage: <https://ish-world.com/women-in-hypertension/>

The 3<sup>rd</sup> issue of the **WiHRC newsletter** is now available.



**Tazeen Jafar**  
Singapore



**Erika Jones**  
South Africa

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## Affiliate Events and Activities

### World Hypertension League

The **March WHL Newsletter** includes the call for salt reduction guidelines and a Sodium reduction section. Professor Daniel Lemogoum is remembered.



The **WHL** will be hosting their 5<sup>th</sup> World Hypertension Congress in China from 13<sup>th</sup> to 15<sup>th</sup> May 2022. This meeting will discuss blood pressure measurement, improving hypertension control and sodium reduction. ISH will contribute to two sessions: Professor Maciej Tomaszewski (ISH President) will co-chair a session dedicated to salt “Sodium

reduction - evidence from validated research and impact on population health” at 17.40 (Beijing time) on 13 May. An ISH session “Different Facets of Hypertension Management” will take place at 15.30 (Beijing time) on 15 May. The members of ISH leadership, including C. Borghi, Y. Kokubo, T. Jafar, R. Castillo, W. Bum Pyun and H. Lee, will contribute to these sessions.

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### The European Society of Hypertension meeting June 2022



**European  
Society of  
Hypertension**

The ESH will be hosting their **meeting** on *Hypertension and Cardiovascular Protection* from 17-20 June 2022 in Athens, Greece. This will be a hybrid meeting designed for optimising clinical practice in

hypertension and cardiovascular disease. ISH will be holding a joint session with ESH on 19 June at 10.00 EEST. The entitled “**New therapeutic opportunities for management of hypertension**” will be chaired by both ISH and ESH Presidents (Maciej Tomaszewski, Reinhold Kreutz) and will feature several prominent ISH (Bryan Williams and Hiroshi Itoh) and ESH speakers.

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### **E-Bulletin access**

Should you wish to include a news item in the E-Bulletin please email [Helen@ish-world.com](mailto:Helen@ish-world.com).

Information should be submitted before the 20th of each month.

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### **ISH Corporate Members**



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