



14 April 2022

## Introduction from the ISH Secretary



It has been a tumultuous time for the world, as we try to emerge from the grip of the pandemic, we are witnessing horrific scenes with the Russian invasion of Ukraine. The ISH and ESH, like many medical societies around the world have issued strong statements of support for the people of Ukraine and condemnation of the military action from Russia. It is a stark illustration of the fragility of a free and open way of life. We must hope that good prevails. One can only imagine how difficult it must be for our medical colleagues still working in Ukraine and for their patients who are struggling to access routine care and medicines.

We have all been looking forward to the world returning to something like normal, when we can travel freely again. It was exciting to see the abstract submission platform open for the ISH2022 congress in Kyoto in October this year. Note that the deadline for submission of abstracts is May 17<sup>th</sup>. It would be wonderful to see many of you in person later this year in the beautiful city of Kyoto in October. The local organising committee for the Kyoto meeting have done an outstanding job and have been extraordinarily generous in supporting a large number of travel grants, targeting younger investigators who we hope will be able to attend the meeting from all over the world.

May 17<sup>th</sup> is also World Hypertension day this year and many regions of the world will be hosting events to highlight the importance of screening, detecting and treating hypertension.

In this issue of the bulletin we also formally announce that the venue for ISH2024 will be South America, in the coastal city of Cartagena, Colombia, in September 2024. We look forward to working with the local organising committee to plan what we hope will be another outstanding ISH congress.

One of the ambitions of the ISH is to grow our membership participation in all regions of the world and there is really good news on the membership front which will be formally announced soon. There are going to be changes to the membership fee structure. Two important changes are about to happen. Firstly, fees for membership of the ISH are going to be reduced and in some specific circumstances, membership will be free of charges. This is because ISH membership will no longer be linked to a mandatory subscription to the Journal of Hypertension. Although the Journal of hypertension remains the Journal of the ISH and the ESH, many members can access the Journal through their institutions and don't need personal subscriptions to the journal as well. So, in future,

members will have the option of whether they wish to pay for a subscription to the Journal alongside their membership. If they do, they will still get a reduced subscription rate to the Journal. If not, they will simply pay for their ISH membership at a much reduced rate. Second, the membership subscription of ISH and ESH will no longer be linked. Members will have the choice to subscribe to each organisation individually. This makes the administration of membership fees for each Society much easier. You should very soon be receiving an email from ISH explaining the changes in membership in more detail.

There is much more information on the topics I have mentioned and many others in another packed edition of the ISH E-Bulletin below, along with another edition of Hypertension News (see link below).

**Professor Bryan Williams**  
**ISH Secretary**

London, UK

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## ISH Kyoto 2022 Meeting, 12 -16 October



The ISH congress in Kyoto is our premier event this year. Details can be found on the [congress website](https://www.ish2022.org), [Facebook](#), [Instagram](#) and [Twitter](#). We hope that the ISH2022 in Kyoto will give you the opportunity to find the latest knowledge and intelligence for the treatment and cure of hypertension and its related diseases. [Abstract submissions](#) are now open until 17 May 2022, World Hypertension Day.

<https://www.ish2022.org>

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## Society and Member Activities

The ISH, along with the ESH, have issued a [statement of support](#) for the Ukraine.



## President's Blog

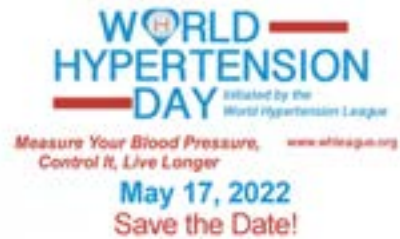
Check out the latest **ISH President's Blog**, written by Professor Maciej Tomaszewski, for the latest information straight from the ISH President.

ISH Website: [www.ish-world.com](http://www.ish-world.com)

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## World Hypertension Day

The ISH would like to remind everyone that **17 May 2022** is **WORLD HYPERTENSION DAY**. This is an opportunity for the international hypertension community to highlight the challenges of hypertension and encourage screening. Please be involved in our drive to promote awareness of Hypertension.



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## Hypertension News



The **April issue of Hypertension News** has just been released. Very valuable contributions into Childhood hypertension have been included in this issue from pre-eminent clinicians and researchers. A section on “African voices” highlights some of the challenges experienced in Africa.

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## Café ISH

This month, **Ernesto Schiffrin** (ISH Past President) was interviewed for Café ISH. Professor Schiffrin discusses three interesting papers on basic science in Hypertension. The discussion includes gut microbiota; SARS-CoV-2 and ACE 2; and vascular remodelling in hypertension.



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## Americas Regional Advisory Group

The ISH Americas Regional Advisory Group (RAG) and the Argentinean Society of Hypertension (SAHA) are co-organising a **2-year certified advanced course on hypertension** for clinicians and researchers from Spanish speaking countries. This course is aligned with the objectives of the ISH to promote education on hypertension and train future leaders in the Latin American region with



highest standard of care on cardiovascular diseases. The course will be launched in April 2022 and include 16 modules with topics from physiopathology through to global guidelines treatment on hypertension. There is a significant discount in the registration costs for ISH members. For more information please email: [cursohta@saha.org.ar](mailto:cursohta@saha.org.ar)

## ISH Middle East and Africa Regional Advisory Group Scientific Sessions

The 3<sup>rd</sup> ISH Middle East and North Americas Regional Advisory Group (MENA RAG) Scientific Session took place on the **26th of March 2022** under the leadership of Prof. Jafar Alsaïd (RAG Chair, Bahrain). The session was attended by 135 delegates and delivered updates on three topics.

The 4<sup>th</sup> ISH MENA RAG Scientific Webinar will take place on 28<sup>th</sup> May.

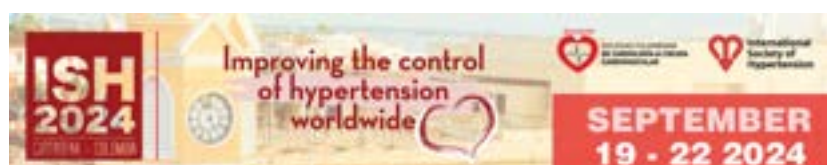


## ISH 2024 in Colombia



Fadi Charchar, ISH Treasurer

It is my pleasure to announce, in my capacity as the chair of ISH2024 Selection Committee, that the ISH congress in 2024 will be held in the historic and magical city of Cartagena, Colombia from 19<sup>th</sup> to 22<sup>nd</sup> September 2024 at **The Convention Center Cartagena de Indias**. The Key local organising committee members are Patricio Lopez-Jaramillo, Adalberto Quintero, Fernán Mendoza, Jaime Rodriguez and Fernando Manzur. We look forward to seeing you there after Japan.



## Mentorship and Training Committee (MTC)

The **MTC podcasts** that have recently been produced warrant listening to. **Norman Campbell**, **Empar Lurbe** and **Francine**





**Marques** were interviewed by Augusto Montezano and Karla Neves.

At the end of 2021, we also had our first Mentoring Programme Seminar, which is now available for viewing on [YouTube](#).

Reach out using this [form](#) if you would like help to find an international mentor.

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## New Investigator Committee (NIC)



**Daniel Piskorz** provides us with the latest Words of Wisdom. He reminds us that the support of our families and teams are vital for our careers, that time management is essential and to attend courses in your areas of interest and at top centres that will whet your appetite for your future.



The NIC will host a symposium at the ISH Kyoto meeting. Looking forward to seeing you there.

Follow us on Twitter: [@ISHBP #ISHNIC](#)

Webpage: <https://ish-world.com/new-investigators>

Email: [nic@ish-world.com](mailto:nic@ish-world.com)

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## Women in Hypertension Research Committee



Should you wish to join the WiHRC network you can register your interest by emailing [wihrc@ish-world.com](mailto:wihrc@ish-world.com).  
[@ISHBP #WiHypertenRes](#)  
Webpage: <https://ish-world.com/women-in-hypertension>

The 3<sup>rd</sup> issue of the [WiHRC newsletter](#) is now available.

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## Affiliate Events and Activities

### World Hypertension League

The [March WHL Newsletter](#) includes the call for salt reduction guidelines and a Sodium

reduction section. Professor Daniel Lemogoum is remembered.



The 2022 theme for the WHL Children's Art Program is "**Promoting Healthy Lifestyles**", including blood pressure awareness and stroke and cardiovascular disease prevention. The deadline for artwork submissions has been extended to 15 April 2022. **WHL will showcase this year's artwork on World Hypertension Day, May 17th.**



The **WHL** will be hosting their 5<sup>th</sup> World Hypertension Congress in Macau from 13<sup>th</sup> to 15<sup>th</sup> May 2022. This meeting will discuss blood pressure measurement, improving hypertension control and sodium reduction. ISH will contribute to two sessions: on the 15<sup>th</sup> of May at 15.00 "**Different Facets of Hypertension Management**" and a session on Salt.

Members of the ISH leadership, including Claudio Borghi, Yoshihiro Kokubo, Tazeen Jafar, Rafael Castillo, Wook Bum Pyun and Hae-Young Lee, will contribute to these sessions.

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## World Health Summit

The first joint World Health Summit and World Health Organization meeting will be held from 16 to 18 October 2022 in Berlin. This summit will focus on Global Health: Health for All and vaccine inequity.



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## The European Society of Hypertension meeting June 2022



### European Society of Hypertension

The ESH will be hosting their **meeting** on *Hypertension and Cardiovascular Protection* from 17-20 June 2022 in Athens, Greece. This will be a hybrid meeting designed for optimising clinical practice in hypertension and cardiovascular disease. ISH will be holding a joint session with ESH on 19 June at 10.00 EEST. The session entitled "**New therapeutic opportunities for management of hypertension**" will be chaired by both ISH and ESH Presidents (Maciej Tomaszewski, Reinhold Kreutz) and will feature several prominent ISH (Bryan Williams and Hiroshi Itoh) and ESH speakers.

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## The Bulgarian Hypertension League



The Bulgarian Hypertension League (BHL) are pleased to announce their new Chairman: Professor Arman Shnork Postagiyan. Anelia Belchevia is the new contact person for the BHL ([armanp@abv.bg](mailto:armanp@abv.bg)). This year BHL will celebrate 30 years since the organisation was founded and will be hosting a jubilee event -*Arteriale 2022 – 30 years Bulgarian Hypertension League* [hypertensionleaguebg@abv.bg](mailto:hypertensionleaguebg@abv.bg)

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### E-Bulletin access

Should you wish to include a news item in the E-Bulletin please email [Helen@ish-world.com](mailto:Helen@ish-world.com). Information should be submitted before the 20th of each month.

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### ISH Corporate Members



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