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8 July 2021

## Introduction from the ISH Chair of Communications



Change is the on the agenda this month as Professor Anthony “Tony” Heagerty officially takes the reigns as Editor-in-Chief of the Journal of Hypertension. The Journal of Hypertension is the official journal of the International Society of Hypertension as well as the European Society of Hypertension and we look forward to continued growth and success of the journal under the leadership of Professor Heagerty and his incoming editorial team. An official announcement can be found later in the bulletin. I also want to recognize the contributions of Professor Giuseppe Mancia for his many years of stewardship. Expect further updates from the Journal of Hypertension in the next edition of Hypertension News.

Speaking of [Hypertension News](#), a reminder that the June edition was recently released and it is well worth a read. For further information on ISH activities, members are also encouraged to check out the new “[President’s Blog](#)” which is highlighted below.

For many ISH members the next few months represent Summer (or Winter) holiday. One of my favourite activities on holiday is to catch up on my favourite podcasts and chief among them is the [ISH Podcast series](#) hosted by Francine Marques and Augusto Montezano. The podcast recently reached the 10 episode milestone and is continually getting better. Two recent interviews are highlighted in this bulletin: Mariane Bertagnolli (Canada) and Annet Kirabo (US). I thoroughly enjoyed both episodes.

Finally, this edition of the bulletin also highlights several ISH-partnered activities. In particular, I think it is important to highlight the activities in South and Latin America: a partnered session at the virtual congress of the Brazilian Hypertension Society and a joint symposium with the Inter-American Society of Hypertension, the Inter-American Society of Cardiology and the Argentinean Society of Hypertension. It is wonderful to see the growth of ISH activities in these regions and it bodes well for the future of the society.

Until next time,

**Dylan Burger**

Chair, ISH Communications Committee

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**ISH Website:** [www.ish-world.com](http://www.ish-world.com)

A feature of the new ISH website is the [President's Blog](#), written by the ISH President Professor Maciej Tomaszewski. The president's blog will be regularly updated to highlight the latest ISH events, activities, and extraordinary efforts or achievements of ISH members. Be sure to check this out for the latest information straight from the ISH President.



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## Hypertension News

The June publication of [Hypertension News](#) is now available. The latest includes comprehensive coverage of the 2021 Scientific Meeting, a profile of the 2021 Franz Volhard Award Winner, former ISH President Ernesto Schiffrin, a "Learning the Ropes" feature on sleep disorders and more!



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## Journal of Hypertension update



Wolter Kluwer, European Society of Hypertension and International Society of Hypertension are pleased to announce Professor Tony Heagerty as Editor-in-Chief of Journal of Hypertension. Tony Heagerty (pictured right) is Head of the School of Medical Sciences at the University of Manchester, UK, and is a previous President of the ESH and ISH, and the British and Irish Hypertension Society. We thank his predecessor Professor Giuseppe Mancia (pictured left), and his Editorial Team for the many years' service and commitment to the Journal, and their support previously given to Professor Alberto Zanchetti.

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## The Joint ESH-ISH On Air meeting: Last chance to view content



The content from the Joint 2021 meeting of the ESH and ISH is available until 15<sup>th</sup> July 2021.

- [Register here](#) to view sessions
- [Access your account if already registered](#) for the meeting

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## Society and Member Activities

### ISH Partnership with the Brazilian Hypertension Society

On 7<sup>th</sup> August 2021, the ISH will present a joint trainee session at the annual [virtual congress](#) of the Brazilian Hypertension Society ([Sociedade Brasileira de Hipertensao, SBH](#)). The session entitled "Reaching out: An International Scientific Career in Hypertension" is promoted in partnership with the Americas Regional Advisory Group (RAG), New Investigator (NIC), Mentoring and Training (MTC) and Women in Hypertension Research (WiHRC) Committees of the ISH. The goal of this session will be to guide trainees in Brazil on different ways to disseminate and promote their work internationally, as well as on how to obtain international recognition and awards, benefit from international mentorship and thrive on international collaborations. A group of outstanding national and international speakers has been assembled to share their successful experiences and barriers while "reaching out" internationally. We thank Dr. Dulce Casarini, the president of the Brazilian Hypertension Society congress for initiating

this partnership.

## Joint symposium between ISH Americas Regional Advisory Group (RAG) and Latin American societies



On 29<sup>th</sup> May 2021, ISH hosted a [virtual hypertension symposium](#) for Latin America in association with the Inter-American Society of Hypertension (IASH), the Inter-American Society of Cardiology (SIAC) and the Argentinean Society of Hypertension (SAHA). The symposium was intended for general practitioners coming from Spanish speaking countries and covered hot topics in hypertension for the region. The president of the organising committee was Dr. Daniel Piskorz (ISH Americas RAG member and past president of SAHA). The President of the scientific committee was Dr. Luis Alcocer (President of IASH).

The symposium was attended by 3,104 people from 22 countries, with 2,338 of those who registered participating in the full 5-hour program. Highest attendance came from Argentina, Mexico, Guatemala, Honduras and El Salvador and registrations were also received from non-Spanish speaking countries including USA, Ukraine, and Brazil. Participants were 41.5% general practitioners, 31% Cardiologists, 15% Internal Medicine specialists, 7% family physicians and 3% nephrologists.

Overall, the symposium was a great success and a fantastic opportunity to increase the ISH presence in Latin America ([ISH Americas RAG promotional video](#)). We would like to thank the symposium sponsor *EUROFARMA* and all our colleagues who participated as speakers or organisers. A special thanks goes to ISH members: Dr Patricio Lopez Jaramillo (Colombia), Dr. Fernando Lanas (Chile), Matias Zanuzzi (ISH Membership Committee), Dr. Nicolas Renna (ISH New Investigator Committee), Dr. Rodrigo Marañon (ISH Mentorship and Training committee) and Dr. Daniel Piskorz, Ana Barrientos, Diego Lucumi, Elizabeth Muxfeldt and Cesar Romero from the ISH Americas RAG.

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## MMM update



**International  
Society of  
Hypertension**

**MAY  
MEASURE  
MONTH**

**Sleeves up, Risk Down: MMM – join the crusade for blood pressure awareness.**

May Measurement Month (MMM), the global campaign run by the ISH to raise awareness of the need for people to get their blood pressure checked, launched on 1 May 2021 in a record breaking 92 countries.

Building on its success from previous years May Measurement Month has been extended this year to run between 1<sup>st</sup> May – 30<sup>th</sup> November.

There is still time to get involved, visit



<http://www.maymeasure.org> for more information regarding volunteering opportunities and details of MMM screening sites near you. If you are interested in taking part in the campaign in your country please contact the MMM team by emailing [harsha@maymeasure.org](mailto:harsha@maymeasure.org)

## ISH Kyoto 2022 Meeting (12-16 October 2022)



Please visit the meeting [homepage](#) to take a look at the updated information about the organising committee members and supporters for ISH2022. Thank you very much for your participation! See you in Kyoto in October 2022! #ISH2022 #Kyoto

Hiroshi Itoh, MD PhD  
Chair, ISH 2022 Kyoto  
<https://www.ish2022.org>

The Nobel Prize Laureate will come to Speak for Us!



Prof. Shinya Yamanaka,  
*The discoverer of iPS cells*

Director, Center for iPS Cell Research and Application (CiRA), Kyoto University  
2012 Nobel Prize laureate

### ISH2022KYOTO Program Topics

- ISH2022 Three main themes
  - AI/Dx, Food/Nutrition, Physical Fitness
- SDGs & Hypertension ~Hypertension in The Real World in 2030~
  - Global Warming, Disaster Medicine, Human Isolation etc.
- Global Health & Hypertension
  - Regional, Economic, Racial and Resource Disparities
- Life Course & Hypertension
  - Preconception Care, Fetal Environment, Cancer Treatment etc.
- Super-Aged Soc. & Hypertension
  - Frailty, Dementia and Social Resources
- Next Generation Medical Care for Hypertension
  - Single Combination Drug, Medical App., Renal Denervation etc.
- BP Control by "Japan Method"
  - "Hypertension Zero Town"
- Convergence of Communicable (e.g. COVID19) & Non-Communicable Diseases
  - Lifestyle and Living Environment, Socio-economic Stress, Gender Differences, Disease Susceptibility etc.

## Mentorship and Training Committee

### Latest ISH Mentoring podcasts

In the last month, the Mentoring and Training Committee (MTC) has had the honour of interviewing two emerging leaders in hypertension:

- [Dr Mariane Bertagnoli](#) – Assistant Professor at McGill University School of Physical & Occupational Therapy, and head of the Maternal and Child Health Laboratory, Hospital Sacré-Coeur Research Center, CIUSSS Nord-de-l'Île-de-Montréal. Mariane is also a member of the ISH New



Investigator and Women in Hypertension Research Committees.

- [Dr Annet Kirabo](#) – Assistant Professor of Medicine, Clinical Pharmacology, at Vanderbilt University.

These interviews are a fantastic resource for our new investigators as they show the career path of some of our emerging leaders. The stories Dr Bertagnolli and Dr Kirabo shared with us are truly inspiring. They reinforce the message that it is possible to be successful while being a parent, no matter where you are or came from.

Tune in as we interview other emerging and established leaders in hypertension and ISH award winners. You can also listen to the podcasts on Apple Podcast.

We hope you enjoy the interviews! We also welcome [new nominations of interviewees](#), both leaders and emerging leaders within the ISH.



### **Mentorship Scheme (call for mentors)**

Are you passionate about career progression? Do you seek additional advice as you undergo your scientific journey? If so, please consider signing up for the ISH-Mentoring and Training Committee (MTC) Mentoring Scheme. We are seeking enthusiastic scientists (clinical and basic) to join our growing, and internationally diverse, program. If interested, please register and we will work to match you fittingly. Mentees seeking a mentor, click [here](#). Mentors wanting to help, click [here](#).

We are also specifically looking for a mentor with interest in clinical management of hypertension in primary care and with experience in fellowships for a mentee. If you have these skills and would be willing to help this mentee please get in touch. Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com)

Francine Marques and Augusto Montezano, on behalf of the ISH-MTC

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### **New Investigator Committee (NIC)**



#### NIC on Twitter

We continue to share all our news with the **@ISHBP** community through Twitter!!! Remember our hashtag (**#ISHNIC**) to be able to identify our initiatives.

Don't miss [Professor Peter Nilsson's Words of Wisdom contribution](#). He has shared some philosophical thoughts on how to get started or improve your research on high blood pressure.

Peter M. Nilsson is Professor of Clinical Cardiovascular Research, Lund University, and Senior Consultant at Clinical Research Unit, Dept. Internal Medicine, Skane



### ISH Live event

Is the Covid pandemic impacting your academic life? Are you facing challenges that you don't know how to overcome? Do you want to know how to cope with such challenges and take the most advantage to keep on track and advance your career?



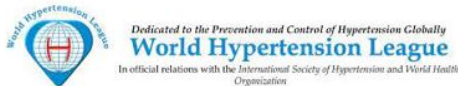
Join us in the second session of ISH Live which will offer an interactive discussion highlighting the opportunities behind the challenges of conducting research during times of a pandemic. Drs Augusto Montezano and Neusa Jessen (pictured left) will be hosting the meeting, with very special guests, from diverse backgrounds that will bring different perspectives. Do not miss this opportunity to discuss ways of overcoming and succeeding during such challenging times. Watch this space for further information and details on how to register.

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### Affiliate Events and Activities

#### World Hypertension League

The [WHL June newsletter](#) reports on the many World Hypertension Day activities and announces the Excellence Awardees and Children's Art Contest winners. We would like to welcome Dr. Mercado-Asis and Dr. Narasingan to the WHL Board. Please review WHL's sodium news and resources sections, and news from partner organisations.



#### HBPRCA Hypertension Winter School

The High Blood Pressure Research Council of Australia (HBPRCA) will be hosting their Annual Winter School on 8th and 9th July 2021. The speakers include the ISH Immediate Past President Alta Schutte, ISH Treasurer Fadi Charchar, Quynh Nhu Dinh, Dean Picone, Niamh Chapman, Ruan Kruger, Francine Marques and Markus Schlaich, amongst others. Please view the full [programme and list of speakers](#). Online pre-registration is recommended.



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### ISH Membership renewal

Please ensure that you have updated your 2021 ISH membership. If you have not received your renewal notice, please email the ISH Secretariat ([secretariat@ish-world.com](mailto:secretariat@ish-world.com)).

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### eBulletin access

Should you wish to include a news item in the E-Bulletin please email [Helen@ish-world.com](mailto:Helen@ish-world.com). Information should be submitted before the 20<sup>th</sup> of each month.

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### ISH Corporate Members



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