



6th May 2021

Introduction from the ISH Chair of Communications



The **Hypertension 2021** Joint Scientific Meeting of the International Society of Hypertension, European Society of Hypertension, and British and Irish Hypertension Society has drawn to a close giving us an opportunity to reflect. The numbers are impressive: 127 hours of transmission, almost 1500 presentations and 5380 registrants from 128 countries. Hypertension 2021 therefore represented one of the largest and certainly the most diverse Scientific Meetings that the ISH has hosted. The virtual platform was not without its hiccups, but I believe that the presenters and moderators did a phenomenal job of navigating a virtual landscape that is still new for many of us. With Kyoto 2022 and the 29th Scientific Meeting of the International Society of Hypertension now in our sights it will be important to build on this momentum and have a highly successful (hopefully in-person) congress. You can find out more about Kyoto 2022 later in this bulletin.

There were many exciting elements of the Hypertension 2021 program but always notable is the announcement of the ISH Award Winners. As you will see below this year's class was absolutely top class. Our awardees were also joined by the initial cohort of [International Society of Hypertension Fellows](#). Congratulations to my many colleagues who were recognized for their scientific excellence with this honour. The meeting was also notable for the presentation of the ISH Global Hypertension Practice Guidelines and highly active sessions from our Regional Advisory Groups, the New Investigator Committee, and the Women in Hypertension Research Committee. If you missed any of these excellent presentations, you can still access them in the [online portal](#) until July 15th.

Looking forward, the next few months promise to be busy ones for the ISH. May Measurement Month has just launched and will run through November (details below). Related to this, World Hypertension Day will be held on May 17th. Be sure to spread the word about the global burden of hypertension and its complications during this critical time. There are also a variety of new activities from the Research and Education Committee, New Investigator Committee, and the Women in Hypertension Research Committee outlined below and be sure to stay tuned to our twitter feed (@ISHBP) for the latest on all ISH activities.

With the scientific meeting approaching many of you may have missed out on the most recent issue of Hypertension News. I may be (am) biased but I think that it is an issue of the highest quality. The Learning the Ropes Feature on Pulmonary Hypertension features four of the foremost experts worldwide and the New Blood feature highlights the work of some of our newest leaders within the ISH. You can view the latest issue [here](#). Stay tuned for our next issue which will, not surprisingly, feature a comprehensive recap of the 2021 Scientific Meeting.

Finally, I would be remiss if I did not highlight the launch of the new ISH Web Site. Behind the scenes many challenges were faced but it was an absolute pleasure working with the Web Site Task Force and I think that the end product is excellent. I hope that you will enjoy the modern look, easier navigation and the new ["President's Blog"](#) which will provide you with societal updates directly from ISH President Maciej Tomaszewski.

ISH Communications Committee Chair Dylan Burger

It is with great pleasure that the ISH Awards were announced at the Joint ESH-ISH Meeting



Franz Volhard Award and Lectureship
Ernesto Schiffrin
Canada

Robert Tigerstedt Lifetime Achievement Award
Jan Staessen
Belgium

ISH Developing World Award
Basden Onwubere
Nigeria

ISH Paul Korner Award
Frans Leenen
Canada

ISH Distinguished Fellow Awards



Cheol-Ho Kim
South Korea

Lars Lindholm
Sweden

Franz Messerli
Switzerland

Gianfranco Parati
Italy

Women in Hypertension Awards



Louise Pilote
Canada

Francine Marques
Australia

Catherine Llorens-Cortes
France

Empar Lurbe
Spain

New Investigator Committee Awards



Austin Doyle Award
Ashleigh Craig
 South Africa

NIC Oral Presentation Award
Stephanie Cicalese
 USA

Runner up
Nasheeta Peer
 South Africa

This year the **International Society of Hypertension Fellow (ISHF)** is a new category recognising and honouring excellence in clinical practice or research in the field of hypertension. The ISH fellows are [listed](#) on the ISH website.



New Website: www.ish-world.com

The new ISH website has been launched. This website is faster, easier to navigate and more informative, be sure to check it out. The team involved in updating the website included: Dylan Burger, Anastasia Mihailidou, Evi Christofidou, James Eales and Praveen Veerabhadrapa.



Dylan Burger
 Chair / Canada



Anastasia Mihailidou
 Deputy Chair / Australia



Evi Christofidou
 UK



James Eales
 UK



Praveen
 Veerabhadrapa
 USA

Kyoto 2022 Meeting Launch

We are pleased to announce that the PR slides and banners for ISH2022 KYOTO are now



available for download from our [website](#).

See you in Kyoto in October 2022!

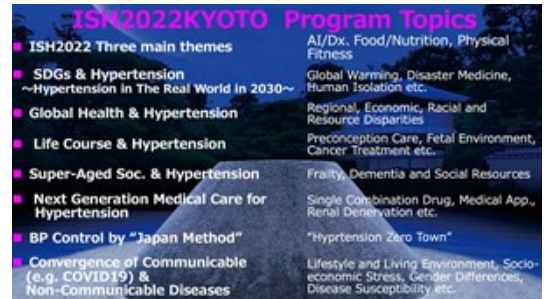
#ISH2022

#Kyoto

Please watch the invitational Kyoto video:

<https://www.youtube.com/watch?v=J3SkIAtbjU&t=5s>

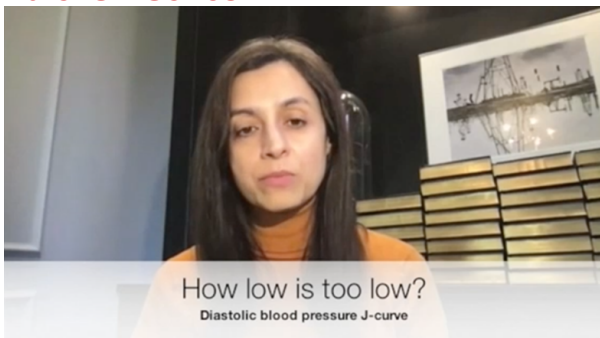
[v=J3SkIAtbjU&t=5s](https://www.youtube.com/watch?v=J3SkIAtbjU&t=5s)



Journal of Hypertension updates

The abstracts from ISH/ESH 2021 joint meeting are now published and available in an [e-supplement](#) to the Journal of Hypertension.

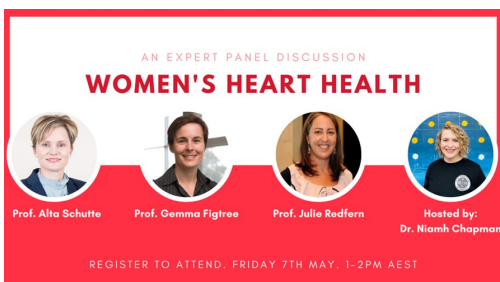
Café ISH Series



Café ISH: This is a new video series from the Research and Education Committee in collaboration with the New Investigator Committee. The goal of the Café ISH series is to share knowledge and viewpoints in hypertension in short, widely accessible videos delivered by experts around the world. Learn about interesting hypertension topics in 5-10 minutes - the time it takes you to drink your coffee! Highlights of some of the upcoming topics in the video series include:

- Professor Rhian Touyz (UK): Novel and Emerging Drug therapies in Hypertension
- Professor Alta Schutte (Australia): Top 3 Must Read Public Health Papers Published in 2020
- Dr. Lyudmila Korostovsteva (Russia): The Effects of Shift Work on Blood Pressure
- Professor Dorairaj Prabhakaran (India): What is the link between Air Pollution and Hypertension
- Professor Nadia Khan (Canada): How Low is too Low: the diastolic J-curve

Women in Hypertension Research Committee



Join an expert panel (including ISH Women in Hypertension Research Committee members – Professor Alta Schutte and Dr Niamh Chapman) to discuss Women’s heart health. 7th May from 1-2pm AEST during Australian Heart <http://bit.ly/WomenHeartsPanel>



Follow us on Twitter: @ISHBP #WiHypertenRes

Webpage: <https://ish-world.com/women-in-hypertension/>

Email: WiHRC@ish-world.com

new Investigator Committee (NIC)



NIC on Twitter

We continue to share with the @ISHBP community all the news, congresses, events through twitter!!! Remember our hashtag (#) to be able to identify our initiatives: #ISHNIC

Keep an eye out on the ISH social media pages and website for the first **New Investigator Spotlight** for 2021 featuring **Dr. Quynh Nhu Dinh** – coming very soon! The goal of the spotlight is to provide an international platform to promote outstanding new scientists from all around the world, learn about their scientific interests and to tell their personal story. Nominations for the Spotlight are also encouraged, the selection criteria are available here: <https://ish-world.com/new-investigators/>

Are you interested in writing for **Hypertension News**? Looking to tick off your CV for community engagement/contribution? In that case, look no further! The New Investigators Committee is looking for ISH New Investigators to write short science articles (about 600 words) for Hypertension News. The content of these articles is not set-in stone (could be a short review of a recent paper in your field, a publication you recently co-authored, or a review of a specific aspect of hypertension). If you have any questions, feel free to contact Charlotte Mills (c.e.mills@reading.ac.uk) for more information!

MMM Update



**International
Society of
Hypertension**

**MAY
MEASURE
MONTH**

Sleeves up, Risk Down: MMM – join the crusade for blood pressure awareness.

May Measurement Month (MMM), the global campaign run by the ISH to raise awareness of the need for people to get their blood pressure checked, will be launching on 01 May 2021 and asking people to ‘roll their sleeves up’ and take action.

Building on its success from previous years May Measurement Month has been extended this year to run between 01 May – 30 November in 87 countries.

Full details for this years’ campaign can be found at the newly launched MMM website: <http://ishmaymeasure.com>

If you are interested in taking part in the campaign in your country please contact the MMM team at harsha@maymeasure.org



**Measure Your Blood Pressure,
Control It, Live Longer** www.whleague.org

**May 17, 2021
Save the Date!**

World Hypertension Day (WHD)

Please join us in celebrating World

Hypertension Day 2021 on 17th May.

*The Theme for this year: Measure Your Blood
Pressure, Control it, Live Longer*

<https://www.whleague.org/index.php/features/world-hypertension-day>

World Hypertension Day is mere weeks away and the WHL has prepared the following list of resources:

· A [free new blood pressure measurement certification course](#) sponsored by Pan American Health Organization (PAHO)/World Health Organization (WHO) and World Hypertension League (WHL)

Promoting the [Call to Action for the Prevention and Control of High Blood Pressure](#)

- Guidance on the methodology and technology for **accurate blood pressure evaluation** via the [STRIDE BP program](#)
- Studies by investigators from low- and middle-income countries - "[Global Cardiovascular Disease Prevention and Management](#)"
- The **Accuracy in Measurement of Blood Pressure (AIM-BP)** collaborative

An [online tool](#) for checking the validation status of blood pressure monitors in more than a dozen languages

Affiliate Events and Activities

Argentine Society of Hypertension

Despite the hard pandemic wave affecting South America on April 22nd-23rd 2021, the XXVII Argentine Society of Hypertension (SAHA) meeting took place virtually, in Buenos Aires, Argentina. Due to COVID-19 restrictions, last year's meeting was postponed; however, this year it returned with internationally recognized speakers. The International Society of Hypertension's own Dr. Bryan Williams (ISH secretary) as well as national (Argentinean) leaders in the hypertension field gave lectures and symposia showing the latest advances in hypertension research and clinical treatment. In addition, ISH representatives Dr. Cesar Romero (USA, ISH Regional Advisory Group for Americas) and Dra. Brandi Wynne (USA, ISH New Investigator Committee) attended and co-organised a mini-symposium in collaboration with SAHA for young investigators. On Thursday April 22nd the event was attended by young investigators and physicians interested in initiating hypertension research. On Friday 23th, an ISH award oral competition was organised between the best four original works presented by young investigators, where Drs Romero, Wynne and Gonzalez (Argentina) were the judges. Dr Romina Di Mattia won the best oral presentation with "The specific inhibition of the cardiac electrogenic sodium/bicarbonate cotransporter leads to cardiac hypertrophy". The runner up was Dr María Florencia Racioppi who presented "Subcellular mechanisms underlying the low cardiotoxicity of fistaroxime". We continued to be impressed at the quality of presentations at SAHA and thank all the presenters and the general public who attended the oral competition. The Argentine hypertension meeting was a great opportunity to reinforce the friendship and collaboration between the ISH and the SAHA.

Resolve to Save Lives

ISH Members may also be interested in a new online course on salt reduction available through Johns Hopkins University as part of the Resolve to Save Lives project.

<https://globalhypertensionathopkins.org/courses#sodium-course>



Canadian Hypertension Congress

Canada's largest national scientific and educational conference focused on Hypertension research, care, and management, the Canadian Hypertension Congress, will be held May 13-14, 2021, in a virtual format. The core topics include:

- Declining blood pressure control
- Sex and gender differences in Hypertension
- BP targets and thresholds
- Hypertension and diet
- Measurement issues in hypertension
- Home BP measurement and virtual hypertension management
- Drug Shortages
- Hypertension in older patients

Trainees may be particularly interested in the Young Investigator Forum and the reduced registration rates. For more information visit: <https://hypertension.ca/congress/>

VascAgeNet Survey

VascAgeNet is an interdisciplinary network of scientists, clinicians, engineers, and industry working together to drive

scientific and technological advances in vascular ageing. www.vascagenet.eu

They have created a short, anonymous, online survey to better understand perceptions related to vascular ageing.

Survey link <https://redcap.cut.ac.cy/surveys/?s=PHPNDKPRFA>

The survey takes ~5-8 minutes

ISH Membership Renewal

Please ensure that you have updated your 2021 ISH membership. If you have not received your renewal notice, please email the ISH Secretariat (secretariat@ish-world.com).

eBulletin access

Should you wish to include a news item in the bulletin, please email Helen@ish-world.com.

ISH Corporate sponsors

