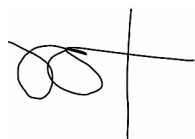


# INTERNATIONAL SOCIETY OF HYPERTENSION MEMBERSHIP REGULATIONS

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By Article 10.3 of the Constitution of the International Society of Hypertension (the '**Society**') the Council has determined to make the following rules and regulations for membership of the Society (the '**Membership Regulations**').

These Membership Regulations shall replace all previous Membership Regulations and shall take effect on 9<sup>th</sup> June 2026.



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Signed for and on behalf of the Council by Professor George Stergiou, President (authorised signatory)

## PART I: CATEGORIES OF MEMBERSHIP

### 1. MEMBERS

#### 1.1 Eligibility

- 1.1.1 Individuals who have accomplished original research in the field of hypertension or related topics and / or those who have made demonstrable contributions to hypertension through clinical involvement and who are interested in promoting the aims of the Society are eligible to join the Society as a Member.

#### 1.2 Members with a Fellow Designation

- 1.2.1 A Fellow designation represents a mark of excellence for a Member and does not constitute a distinct membership category.
- 1.2.2 The designation as ISH Fellow (ISHF) and Distinguished Fellow may be awarded to a number of active Members annually and as outlined in the Awards and Prizes Regulations.
- 1.2.3 Members can apply for Emeritus Fellow status on a rolling basis by notifying the Membership Committee. To qualify, applicants must be long-standing members of the Society, be over 65 years old, and have retired from full-time active work.
- 1.2.4 Distinguished, Emeritus, and Honorary Fellows (awarded until 2015) receive the same benefits as active Members without a special designation.
- 1.2.5 Additional benefits for Members with an ISHF designation are available and specified in the Awards and Prizes Regulations.

#### 1.3 New Member Application and Approval Process

- 1.3.1 Member applications shall be submitted via the ISH website.
- 1.3.2 Applicants for the ISH Member category must provide a link to a personal professional profile (e.g., LinkedIn, ORCID, Scopus) or a professional portfolio (e.g., an institution's website) to verify

their academic and professional background. Submitting a Curriculum Vitae (CV) is no longer required for the ISH membership application.

1.3.3 The Membership Committee shall investigate the qualifications of the applicants.

#### 1.4 Membership Renewals / Fees

1.4.1 A Member shall pay annual dues for membership on a rolling basis, with the exception of Distinguished, Emeritus and Honorary Fellows whose membership shall come at no cost.

1.4.2 Members who permanently reside and work in certain developing countries, as defined by the WHO Research4Life (formerly known as HINARI) programme, are entitled to a reduction in membership fees. A limited number of applications for membership (including a complimentary online subscription to the *Journal of Hypertension*) may be made to those from countries with economic hardship.

1.4.3 Members who fail to pay the annual subscription in full within twelve months of its falling due will be classified as Associate Members until once again paying their dues. Members will have a 30-day grace period to process their payment.

1.4.4 The Membership Committee has the discretion to waive fees for Members in circumstances where the committee feels it is merited.

### 2. ASSOCIATE MEMBERS

#### 2.1 Eligibility

2.1.1 Membership as an Associate Member is open to anyone with an interest in hypertension and / or the work of the ISH, including nurses, pharmacists, dietitians, community healthcare workers, members of the public, patients, carers, employees of healthcare organisations or companies, and journalists.

#### 2.2 New Member Application and Approval Process

2.2.1 Applications for Associate Member shall be submitted via the ISH website.

2.2.2 Each applicant must complete an online form to give their contact details and interest in hypertension.

#### 2.3 Membership Renewals / Fees

2.3.1 No membership fees shall be applied for Associate Members.

2.3.2 Associate Members may apply to the Membership Committee for approval to the category of Trainee or Member via the membership portal.

### 3. TRAINEES

#### 3.1 Eligibility

3.1.1 The Trainee category is designed for postdoctoral fellows (up to 4 years post PhD award), residents and graduate students (Master's or PhD). This is a special opportunity for any new researcher or clinical scientist undertaking a higher degree to enhance their CV.

#### 3.2 New Member Application and Approval Process

- 3.2.1 Applications for those wishing to become a Trainee shall be submitted via the ISH website.
- 3.2.2 Each application must be accompanied by a letter of support (in English) from an applicant's supervisor, mentor, or organisation confirming their current training status.
- 3.2.3 Those applying as Trainees must submit an estimated training completion date via the online system during the application process. This record replaces the requirement for annual confirmations.
- 3.2.4 The Membership Committee shall investigate the qualifications of the applicants.
- 3.3 Tenure of this category is limited to the period of training.
  - 3.3.1 Upon completion of a doctoral degree or other qualifying research degree, Trainees must apply to transition to the Member category or for an extension to their Trainee status.
  - 3.3.2 An application as Member requires the submission of a link to an up-to-date professional profile or portfolio.
  - 3.3.3 An extension of Trainee membership may be granted, contingent upon the submission of a letter from the member's supervisor certifying their continued participation in a training programme.
  - 3.3.4 If a Trainee does not apply to become a Member or request an extension of their Trainee status by the end of their training period, they will automatically be reclassified as an Associate Member.
- 3.4 Membership Renewals / Fees
  - 3.4.1 No membership fees shall be applied for Trainees.

## **PART 2: RIGHTS, PRIVILEGES AND PENALTIES (APPLICABLE TO ALL MEMBERS)**

### **4. MEMBERS' RIGHTS**

#### 4.1 Attendance at meetings

Those in all categories of membership may attend the General Meetings of the Society.

#### 4.2 Voting rights

4.2.1 Only Members who have paid their annual dues or Members with an ISHF, Distinguished, Emeritus or Honorary Fellow designation may vote at General Meetings and in elections of the Society.

4.2.2 Associate Members and Trainee are not eligible to vote at General Meetings and in elections of the Society or nominate candidates for Council or the main Society awards.

4.2.3 Each Corporate Member organisation shall have one vote at General Meetings of the Society.

#### 4.3 Election to the Council

To be eligible for election to the Council, candidates must be active ISH Members who have paid their annual fees or have received an agreed fee waiver. This includes ISHF designated Members. However, Distinguished, Emeritus, and Honorary Members aren't eligible.

## **5. TERMINATION OF MEMBERSHIP**

5.1 The Council may by resolution terminate the membership of any member on the ground that in their reasonable opinion the member's continued membership would be harmful to the Society. The Council may only pass such a resolution after notifying the member in writing and considering the matter in the light of any written representations which the member puts forward within 14 clear days after receiving notice.

\* Corporate Members are legal entities, not individuals.