

MAY MEASUREMENT MONTH GETS SET FOR ITS FOURTH YEAR OF SUCCESS

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We would like to thank the ISH members and the many organisations around the world, including national hypertension and other cardiovascular societies, who have driven May Measurement Month (MMM) over the past 3 years. MMM Chief Investigator, Professor Neil Poulter explains:

“MMM19 was our largest campaign to date, which means we have now screened over 4.2 million people across more than 100 countries. In total we have identified almost 1million people with untreated or inadequately treated hypertension.”

Following the many [MMM papers that have been published over the last 2 years](#) (in the Lancet Global Health, European Heart Journal (EHJ) and EHJ Supplements) we are pleased that 41 national papers for MMM18 are currently in press for a publication as another EHJ Supplement. The global analysis for MMM19 has also been submitted and is under review by a major journal, with the aim of publication before May 2020 and therefore in advance of MMM20. Thanks to the data we have collected, we are now building a bank of scientific evidence that can be used to promote the need

for more widespread and accessible global blood pressure screening.

Professor Alta Schutte, President of the International Society of Hypertension, stated:

“We are delighted to see MMM go from strength to strength, going a long way to meet our objective to raise global awareness of the issues surrounding raised blood pressure. But with over 10 million people still dying each year from raised blood pressure, there is clearly more work to be done and we hope our generous volunteers will continue to support this campaign in its fourth year.”

If you have not already signed up for MMM20, it's not too late! We have a huge **pool of resources** ready to help you in setting up your national MMM campaign, from the MMM20 protocol for ethical approval, to training and recruitment videos, branding guidelines and printed artwork for posters and leaflets. All of these, and more, are available to download from the **MMM website**. Even if you are only able to run a small campaign you will be contributing important data to help improve and save lives. If you would like to learn more about how to get involved as a country leader or site leader, please contact the MMM Project Team: admin@maymeasure.com

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