



International Society of Hypertension HYPERTENSION NEWS

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FROM THE EDITOR

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The step from research on animals to studies of humans with high blood pressure

Lars H Lindholm, Editor, Hypertension News



Dear member,

Several of us have just returned from the biannual hypertension meeting in Milan, as always well organized by Giuseppe Mancina and his team. This year, the opening ceremony was shorter than usual and it did not end in the usual way by singers from the fabulous Italian opera world. Instead - since the ESH celebrated its 30th anniversary - an enormous birth day cake was rolled in and later shared with the attending delegates. It was quite tasty! ISH wishes it's younger sister society all the best for the future!

The number of attendees in Milan was about 2,400, slightly lower than previous years (about 2,700 in Paris in 2016, 2,600 in Milan 2017, and 2,600 in Barcelona in 2018)¹ and far from the glorious days of the mid-2000s (about 8,000 in Paris in 2004 and 7,200 in Milan in 2005)¹. The lower number of attendees is a concern for all hypertension societies since many young scientists, working in the high blood pressure field, prefer to attend and present their work at the enormous cardiology meetings in Europe and/or the US. This is a concern for two reasons. First, it makes it more difficult for the hypertension societies to organize good meetings and second, the hypertension sessions for oral presentations during the cardiology meetings are often poorly attended.

The readership for Hypertension News continues to grow with each successive issue and the March 2019 edition (Opus 55) had the highest total number of views so far, with almost 5,000 accessing the Newsletter (page 20). Please note that these are only the readers who opened the Newsletter in such a way that it gets registered. We know that the real figure is much higher.

This issue of the Newsletter has a focus on basic science, where at least half our members are working. In three papers, the "Learning the Ropes" section covers the step from research on animals in hypertension to studies of humans. As stated by Thomas Unger in his lovely Introduction (paper 1 on page 9), "Why can't we replace animal studies by *in vitro* experiments?". As this is likely to be a very provocative topic that generates much discussion, we have created an online forum to facilitate exchange which can be found at <http://ishbp.freeforums.net/>. This forum will remain open for discussion on any and all topics related to Hypertension News going forward.



Our “house writer” on “News, Old News, and Fake News”, Stephan Rössner has given us a fabulous text on Elvis Presley – the King - and his eating habits on page 17. Having been a slender and well-trained young man with a particular interest in karate, Elvis continuously put on weight and ended his life grossly obese with hypertension.

In this edition, we also say thanks to Lewis Landsberg who steps down as chairman of the Board of Management of the Journal of Hypertension after more than 25 years (page 2). We also thank our previous Secretariat at Conference Collective in London (page 4) and welcome our New Secretariat at In Conference in Edinburgh (page 4 and 5). Finally, the new President Elect of ISH, Maciej Tomaszewski is presented on page 4. Maciej takes up office in June 2020.

Have a good read!

Reference:

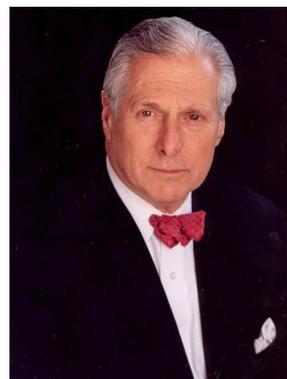
1. Tsioufis K, Kreutz R, Narkiewicz K et al. ESH, European Society of Hypertension 30 years (1989-2019). European Society of Hypertension, Athens June 2019 pp 34-35

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THANKS TO LEWIS LANDSBERG

Lewis Landsberg steps down from chairing the Board of Management of the Journal of Hypertension – Maciej Tomaszewski takes over

Lewis Landsberg has served with great distinction on the Board of Management of the Journal of Hypertension for more than 25 years. He has been Chairman of the Board since here placed John Chalmers in 1995-96, at the time when Alberto Zanchetti took over as Editor from John Reid.



Apart from the Chairman (ISH), the Deputy Chairman (ESH), and the Editor, the Board has four members from the ISH, three from the ESH, and a representative from the Publisher (Wolters Kluwer). The ISH Secretariat assists with writing the Minutes etc. Over these years, Lewis Landsberg has overseen several difficult negotiations of the agreements between the Publisher of the Journal and the ISH and ESH. This has been done together with friends of the Landsberg family skilled in legal matters.

Looking over this long period when the two friends Alberto Zanchetti and Lewis Landsberg worked together, the Journal’ success could be expressed as an increase in Impact Factor from 2.7 in 1996 to 4.1 in 2017, or from below 500 full papers submitted in 1996 to over 1000 in 2018.

Lewis Landsberg graduated ‘Summa Cum Laude’ from Williams College in 1960 and from Yale University School of Medicine in 1964. Following residency training in Internal Medicine at Yale-New-Haven Hospital, he perused a research fellowship at the National Institute of Health (NIH) in the laboratory of Julius Axelrod (Nobel Prize Laureate). Lewis Landsberg was recruited to Harvard Medical School and promoted to Professor of Medicine in 1986. In 1999, he became the Dean of the Northwestern University, Feinberg School of Medicine in Chicago. In honor of Lewis Landsberg’s accomplishments as Dean, the Deanship carries his name after he retired some years ago.

I have had the privilege of working alongside Lewis Landsberg on the Board of Management for more than 25 years, first for the ESH and later for the ISH. With his, polite, gentle and clever ways, his lovely sense of humor, and his “common sense” approach to difficult issues he stands out as an outstanding leader, who I admire immensely and who we owe a lot of thanks! Taking over after Lewis Landsberg will not be an easy task and we wish Maciej Tomaszewski the best of luck!



Left to right: Alberto Zanchetti, TBC, Lewis & Jill Landsberg

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