From the ISH Presidents 2016–2020

High blood pressure or hypertension is the leading cause of death around the world, contributing to more than 10 million deaths per year. The burden of this ‘silent killer’ is shifting from developed countries to emerging economies, including India, China, Africa and Latin America. As part of the global scientific community, the International Society of Hypertension (ISH) is not only perfectly positioned to promote scientific excellence in curbing hypertension, but also to encourage the implementation of scientific findings to improve global health.

The ISH is the world’s premier society dedicated to research into the causes of raised blood pressure and the best treatment for hypertension. The ISH recognises that to counter the hypertension epidemic it takes the brightest minds, the best research and effective education and implementation. This goal underpins the activities and strategic alliances of the ISH – a Society that has withstood the test of time with a history of over 50 years.

Our ISH Scientific Meetings held every second year in destinations spanning the globe, are designed to showcase the most recent leading clinical, population and basic scientific findings. These meetings also provide a dynamic forum for the leaders and future leaders in the field to discuss challenges and forge collaborations that define the course of blood pressure research.

The ISH strongly supports the next generation of hypertension researchers, with a specially developed membership category for ISH Research Fellows (for PhD students and postdoctoral fellows), and guides the development of these young scientists to become Emerging Leaders (membership category) through the trajectory towards Professional Members. We have developed specific benefits for each membership category, with special sessions and awards, also for young scientists through our active New Investigator and Mentorship Committees. An important Member benefit includes access to the Society’s official journal; Journal of Hypertension.

More recently the Society has acknowledged the need to promote and nurture women scientists, and at our Scientific Meetings we aim to improve women representation.
as speakers and chairs. We include specifically designed sessions about and for women, and new awards will be made to women scientists (from mid-career to honouring lifetime contributions).

As an integral player in the global network of hypertension research, the ISH cherishes its special relationships with national and regional hypertension societies, as part of the ISH International Forum and its Regional Advisory Groups. Within different regions teaching activities are undertaken by ISH and local faculty to strengthen capacity in the management of hypertension. It is also through this network that the Society has also led and executed in 2017 and 2018 the largest ever global blood pressure screening campaigns, namely May Measurement Month (MMM). The campaigns were set up to raise awareness of the disease burden caused by raised blood pressure and the need for enhanced blood pressure screening throughout the world.

By screening over 2.7 million people in 2017 and 2018 from nearly 100 countries worldwide, the primary objective of MMM was clearly achieved.

Without a massive effort by thousands of volunteers worldwide, supported by the Centre for Disease Control, and two of our Corporate Members (Servier and OMRON), and endorsement by the World Hypertension League and the Lancet Commission of Hypertension this unique project could never have succeeded.

Due to the above mentioned activities the ISH is experiencing an acceleration in new member applications, highlighting the relevance of the Society and its activities. Over the years, the ISH has continued to develop and renew, and nothing less is expected for the years to come in order to collectively address high blood pressure.

Please view www.ish-world.com to find out more about the activities of our society and how you can become involved.

Neil Poulter
ISH President 2016–2018

Alta Schutte
ISH President 2018–2020
Membership

Become part of the premier international society dedicated to research, education and clinical excellence in blood pressure and related cardiovascular disease.

Our membership categories are catered to different circumstances and designed to encourage not only Professional Members, but also young members and those from countries where resources are limited.

**PROFESSIONAL MEMBERSHIP** is open to those who have accomplished meritorious original investigation in the field of hypertension and/or are heavily involved with clinical or educational activities in this field.

**Membership as an EMERGING LEADER** accommodates mid-career research and clinical scientists who have completed their doctoral degree (or other qualifying research degree) and are in the process of establishing themselves as scientists or hypertension experts.

**RESEARCH FELLOWSHIPS** are **entirely free.** A special opportunity for any young research or clinical scientist undertaking a higher degree or a postdoctoral fellowship, to enhance their CV.

Members joining from certain developing (HINARI) countries are eligible to receive reduced membership fees.

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**Membership Benefits**

As a member, you will benefit from:

- **Substantial savings** on registration fees
- An annual subscription to the *Journal of Hypertension* (12 issues per year) in print and online (*Emerging Leaders & Professional Members*)
- An annual online subscription to *Cardiovascular Endocrinology* (*Emerging Leaders & Professional Members*)
- Copies of the quarterly ISH newsletter, *Hypertension News*
- **Monthly e-Bulletins**
- **ISH membership list** – stay connected to your fellow ISH members (over 1,000 individuals working in hypertension and related fields)
- **Opportunities to build relationships and network** with peers and develop your career as a leader in your field
- Access to the **ISH New Investigator Network (ISHNIN)** (*Emerging Leaders & Research Fellows*)
- **Exclusive ISHNIN events and web content** (*Emerging Leaders & Research Fellows*)
- **ISH Mentorship Scheme** – bringing together new and more experienced investigators
- **ISH Biennial Awards** – be eligible to receive awards or nominate candidates
Join us at future ISH Scientific Meetings

JOINT MEETING
ESH-ISH
2020
Glasgow

May 29 - June 1, 2020
Scottish Exhibition Campus
Glasgow, United Kingdom
www.hypertension2020.org

Join the ISH now!

Together we can improve the management of high blood pressure and related cardiovascular diseases worldwide.

High blood pressure (hypertension) is a major threat to health globally, “the number one killer” according to the World Health Organization (WHO), afflicting more than 1 billion people.

- The ISH focuses on blood pressure and cardiovascular disease.
- The ISH provides a global stage for the world’s best research.
- The ISH disseminates knowledge and best practice throughout the world.
- The ISH fosters the next generation of leaders in blood pressure.
- The ISH welcomes members from every continent.

### GLOBAL COMMITMENT

- Biennial Scientific Meetings
- Prestigious Biennial Awards open to members of the ISH
- Hypertension Guidelines for Developing Countries
- International Teaching Workshops / Educational activities targeted to health care providers
- Collaboration with Affiliated Societies (national & regional)
- May Measurement Month

### SUPPORT FOR NEW RESEARCHERS

- Research fellowships (FREE MEMBERSHIP) for Graduate Students
- Annual new investigator meeting programmes
- Awards for new investigators
- Mentorship Scheme
- Facilitation of links between new researchers
- Social and networking events
- Facebook, LinkedIn, Twitter and YouTube
- Dedicated webpages: www.ish-world.com/NIN

### RESOURCES

- Contact with over 1,000 members worldwide
- Journal of Hypertension (in print and online)
- Cardiovascular Endocrinology (online)

www.ish-world.com
Get in touch

For further information on any of the ISH activities please contact:

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twitter.com/ISHBP
Find us on linkedin.com
View our videos on youtube.com

The ISH Council would like to acknowledge the support of our Corporate Members who are participating in the Society and therefore helping to promote the advancement of scientific research and knowledge in hypertension and associated cardiovascular diseases.

www.ish-world.com

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