Chandka Medical College/ Shaheed Mohtarma Benazir Bhutto Medical University (SMBBMU) Larkana has been given honour by Pakistan hypertension league at annual body meeting in Hyderabad to host 17th Annual Symposium. Prof. Saeed Ahmad Sangi and Dr. Jawaid Akbar Sial were nominated as Convener and Secretary of symposium respectively.

Cardiology Department along with senior faculty of SMBBMU did work hard to materialize the event from February 7-9, 2014.

Three days program started on Friday morning with three Pre-Symposium Workshops:

- “Fundoscopic Examination in patients with chronic hypertension”
  Facilitated by Prof. Syed Imtiaz Ali Shah

- “Electrocardiographic evaluation in hypertensive patients”
  Facilitated by Dr. Fawad Farooq

- “How to measure blood pressure”
  Facilitated by Dr. Naveedullah Khan
These workshops were attended by Consultants, General Practitioners, Postgraduates and Young Doctors. Halls were full with maximum attendance, workshop were followed by certificates distribution to participant and lunch.

In evening Public Awareness Program was organized for General Public. Program was Chaired by Renowned Cardiologists of the country including

- Prof. Azhar Masood Faruqi
- Prof. Mohammad Ishaq
- Prof. Kaleemuddin Aziz
- Prof. Abdu Samad
- Prof. Feroz Memon
- Prof. Abrar Shaikh
- Col: Dr. Iftikhar Noori
- Prof. Saeed Ahmad Sangi
This Program was moderated by Dr. Jawaid Akbar Sial. All the Senior Professors were decorated with Traditional Sindh Ajrak & Topi, Small School children greeted the guest with showering of Flowers & Tablo. Prof. Saeed Ahmad Sangi gave detailed presentation in Sindhi language regarding hypertension awareness and prevention of this silent killer, audience was very keen in knowing the disease and very useful and practical question were asked by public which were responded by our panellists in Sindhi and Urdu language.
Inauguration was followed by public awareness program. Mr Nisar Ahmad Khuhuro, Senior Minister, Government of Sindh was Chief Guest of Occasion.

Proceeding started with tilawat of Holy Quran then Prof Saeed Ahmad Sangi, Convener Symposium has presented welcome address in which he gave detailed history of Cardiology Department. Prof Feroz Memon, Vice President, PHL has presented report on behalf of General Secretary of PHL. President PHL Prof. Mohammad Ishaq in his address gave history of PHL and its activities, and also activities of its Chapters. Prof. Azhar M Farauqi Patron PHL and Prof. Asadullah Mahar Vice Chancellor SMBBMU have also address the gathering. Mr Nisar Ahmad Khurhuro Chief Guest of the occasion in his address told that Government is very serious in taking measures to make aware general population against this silent killer.
Vote of thanks was presented by **Dr. Jawaid Akbar Sial**, Secretary of Symposium.

This was followed by Traditional Dinner.

On 8th **February** day started with **Breakfast Symposium on Cardiovascular Risk Factors** which was chaired by Prof Abdul Hafeez Chaudhry, Prof Hakim Ali Abro & Prof Abid Amin and moderated by Dr Kanwal Amir. Speakers including Dr. Qurban Ali Rahu, Dr. Muhammad Tariq Farman and Dr. Fawad Farooq delivered talks on Major Risk Factors of Coronary Artery Diseases.
Special Session on Guidelines of Hypertension was followed by Breakfast Symposium “Critical review of guidelines on hypertension” this session was chaired by Prof. Azhar Masood Faruqi and Prof. Mohammad Ishaq, Prof. Mansoor Ahmed, Dr Faraz Memon & Prof. Ejaz Vohra talked on various aspects and new updates of guidelines new JNE-VIII was given special touch.

Third session was on **Evolution of Hypertension**. The session was changed by Prof. Shahbaz Kureshi, Prof. Khalida Soomro & Moderated by Dr. Bashir Hanif.

Prof. Kaleemuddin Aziz, Prof Abdus Samad and Prof. Soulat Siddiqui talked on topics related to hypertension and presented new data especially in Pakistani Population.
Fourth session chaired by Prof. Shaharyar, A. Shaikh and Prof. Abdul Samad & Modereted by Dr. Kashif Ali Hashmi, this session was on **Treatment strategies in Hypertension** Dr. Tariq Ashraf talked on topic of “Lower the Better” followed has talks of Prof. Shahbaz Kureshi, Prof. Abid Amir Khan, final talk in this session was by Dr. Tahir Saghir on invasive strategies in resistant hypertension (Renal Denervation). This Session was followed by Lunch & Prayer Break.
Session V was immediately followed by Lunch Break. Prof. Maqbool H. Jaffri & Prof. Aftab Hussain Shah changed the session which was moderated by Dr. M. Tariq Farman. This session was devoted to hypertension in special groups. Prof. Abdul Hafeez Chaudhry, Prof. Khalida Soomro, Dr. Syed Imran Ahmed, Dr. Najma Patel & Dr. Zahid Jamal presented their state of art talks.

After the tea Break, the Session VI was started chaired by Prof. Syed Zahid Jamal & Dr Siraj Abbasi. This session was moderated by Dr. Shahid Memon & this session was related to complications of hypertension, talks were presented by Dr. Zahid Jamal & Dr. Bashir Hanif on Complications of Hypertension.
The 18th General Body Meeting of Pakistan Hypertension League chaired Prof. Mohammad Ishaq started at 6:30pm sharp in Syndicate Hall of SMBBMU. This was attended by near 50 members of PHL. After recitation of Holy Quran, Prof. Mohammad Ishaq proposed amendments to the Articles of Association of PHL, which was followed by reports of General Secretary Prof. Abdul Rasheed Chaudhry and chapter reports. The Treasurer Prof. Mansoor Ahmed presented the financial report.

This was followed by election of new PHL body for next 4 years. Prof. Ejaz Vohra was nominated as Election Commissioner. The new body of PHL elected unanimously is as under.

1. President : Prof. Abdul Hafeez Chaudhry
2. Vice President : Prof. Feroz Memon
3. General Secretary : Prof. Mohammad Ishaq
4. Joint Secretary : Dr. Jawaid Akbar Sial
5. Treasurer : Prof. Mansoor Ahmed
After long exhausting day of science now it was time to have some social event. **Traditional Gala Dinner & Musical Night** was arranged at Police Training Centre Larkana. The Senior Cardiologist, other Colleagues, Faculty of SMBBMU & Various Dignitaries of Civil Society & Press Correspondent attended the Gala Dinner & Musical Night.

On 9th February 2014 Breakfast Symposium on Diabetes and hypertension was held at 9:00am. Session was chaired by Prof. Abrar Shaikh, Dr. Bashir Ahmed Shaikh & Moderated by Dr. Kheraj Matani. Prof. Mohammad Zaman Shaikh, Prof. Abrar Shaikh, & Dr. Saeed Mahar, spoke on related topics.

2nd session on 9th February was chaired by Prof. M. Zaman Shaikh, Prof. Saeed Ahmed Sangi & Prof. Habib Rehman Qadri which was moderated by Dr. Fayaz Mujtaba Shah this session
included State of Art Lectures by Prof. Mohammad Ishaq, Dr. Syed Ali Raza Kazmi, & Prof. Saeed Ahmed Sangi.

Last scientific session was devoted to free papers, session was chaired by Prof. Mohammad Ishaq and Prof. Abdul Hafeez Chaudhry and moderated by Dr. Raj Kumar. 10 free papers were presented by young investigators from Agha Khan University Hospital Karachi, Isra University Hyderabad, Abbasi Shaheed Hospital Karachi and Chandka Medical College Larkana, all papers were related to hypertension.

Finally symposium was concluded with speech of Convenor Prof. Saeed Ahmad Sangi who congratulated new PHL president and vote of thanks were presented by Secretary Symposium Dr. Jawaid Akbar Sial, then Lunch was served to all participants

By:

Dr. Jawaid Akbar Sial
Associate Professor of Cardiology
& Secretary Symposium