The Symposium began with the Oral Award Presentation Session, which included high quality presentations from young investigators from China, India, Australia, Russia, Japan and Singapore presenting on diverse studies in basic, clinical and population science.

This was followed by an inspiring mentorship keynote presentation by Prof Mark Caulfield (Queen Mary University, London, UK), who gave his insights on the importance of mentorship and how to have a successful career in hypertension research. He had several key messages on what young researchers should focus on including team building, persistence and learning from mistakes.

The symposium was followed by the ISH Mentorship and Networking Event in the evening at the Dallas Restaurant and Bar, where attendees actively networked and shared their research experiences. The ISH New Investigator Committee was also very fortunate to attract two more keen Emerging Leaders to the team, Yang Shen and Jiali Wang from China, whose local knowledge will be invaluable for organizing events at the upcoming ISH 2018 Beijing Meeting. Our ISH President Neil Poulter also attended the event to announce the winners of the awards sessions, which were very well received. Two oral prizes were awarded and three poster prizes, one of which was chosen as a favorite by the attendees themselves.

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