



## May Measurement Month gets set for its third successful year

May Measurement Month (MMM) continues to build on its success. After measuring the blood pressure of over 1.2 million people across 80 countries in 2017, the 2018 campaign saw over 1.5 million people screened across 89 countries. This means we have now reached over **2.7 million people** since MMM began and have identified over half a million people with uncontrolled hypertension. As the **largest ever synchronised standardised multinational screening of any cardiovascular risk factor**, we are going a long way to meet our objectives to raise global awareness of the issues surrounding raised blood pressure.

Having had the global analysis of MMM17 published on the eve of World Hypertension Day 2018 in a paper in [The Lancet Global Health](#), we are pleased to confirm the publication of 39 national papers from top contributing MMM17 countries in the European Heart Journal Supplement. Countries that screened over 2,500 people were invited to contribute to the Supplement. Hard copies of this Supplement will be sent to 35,000 cardiologists around the world before May 2019. We expect to follow these publications with the global MMM18 publication in a top level journal before the 2019 campaign begins (currently undergoing review).

Professor Alta Schutte, President of the International Society of Hypertension, stated: ***"ISH is delighted to see May Measurement Month go from strength to strength on such a global scale. We hope its success will encourage more people to join the generous volunteers who have made this happen."***

Thank you to the numerous organisations around the world, including national hypertension and cardiac societies, who have driven May Measurement Month over the past 2 years. We hope you will continue to support this programme into its third year. If you have not already signed up for MMM19 and would like to, it's not too late and we have a bank of resources to help you in setting up your MMM, which are available to download from the [MMM website](#). Even if you are only able to run a small campaign you will be contributing important data to help improve and save lives. If you would like to know more about how to get involved, please contact the MMM Project Manager: [manager@maymeasure.com](mailto:manager@maymeasure.com)

Be Part of It!

A Simple Measure to Save Lives

[www.maymeasure.com](http://www.maymeasure.com)

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