



Left to right: Agustin Ramirez, Brandi M. Wynne, Cesar A. Romero

Argentine Society of Hypertension (SAHA) meeting, Buenos Aires

Cesar A. Romero & Brandi M. Wynne

Annually, the basic science, translational and clinical investigators of the Argentinian Society of Hypertension (SAHA) comes together for its scientific meeting. This year, on April 12th-14th 2018, the SAHA meeting took place in Buenos Aires. This year's meeting was organized by Dr Pablo Rodriguez (Organizing Committee President) and Dr Paula Cuffaro (Scientific Committee President), and was a great success. This year SAHA brought together more

than 1900 people; this includes physicians as well as research investigators from basic and clinical areas related to the cardiovascular and hypertension field. Internationally recognized speakers from both Europe and the USA, as well as national leaders in hypertension gave lectures and symposium, all discussing the latest advances in hypertension research.

The Argentine society meeting is the central hypertension meeting in Latin America, thus attendees from Uruguay, Chile and Brazil also attended and presented their original work. ISH representatives, Agustin Ramirez (Argentina, Council Member), Brandi Wynne (USA, New Investigator Committee) and Cesar Romero (USA, New Investigator Committee) attended the meeting. SAHA and ISH jointly hosted a Young Investigator's Symposium on April 12th, which was well-attended and moderated by Dr Ramirez (ISH) and Dr Irenne Ennis (SAHA). Dr Wynne discussed the importance of a mentorship in young investigators, as well as details to think about when finding and developing the mentoring relationship. Dr Wynne also introduced the available ISH initiatives, emphasizing the ISH Mentorship Scheme offered for young investigator. This was followed by Dr Romero (ISH) who presented data about selecting topics in hypertension research, the importance of correctly defining scientific questions, and correctly designing the research to obtain meaningful answers. The last speaker was Dr Alejandro Diaz (SAHA member and ISH Research Fellow), who discussed best practices for showing quality data. The symposium was attended by young investigators and physicians starting and/or further developing their interests in hypertension research. The session ended with a fruitful open panel discussion, allowing for questions and comments from and between attendees. On Friday 13th, a special conference was held to inaugurate the young investigator section of the SAHA, namely "Jovenes Investigadores de la SAHA". This section aimed to incorporate young physicians, researchers and students to the SAHA, having the ISH-NIC as a role model.

The SAHA president Dr Judith Zilberman gave a warm welcome to the new investigators and discussed the benefits and opportunities that SAHA has created to support hypertension research in Argentina, focusing on young investigators. Dr Romero (ISH) was invited to present in more detail the ISH-NIC initiatives available to young investigators, and invited people to join the ISH. Additionally, Dr Brandi Wynne (ISH) gave a lecture on Friday evening about the interplay between inflammation, salt and hypertension. The Argentine meeting of hypertension was a great opportunity to reinforce the friendship and collaboration between the ISH and the SAHA, and we look forward to future collaborative events and research.

Cesar A. Romero

cromerocba@hotmail.com

Brandi M. Wynne

brandi.m.wynne@emory.edu