11th ASIA PACIFIC CONGRESS OF HYPERTENSION
in conjunction with
9th SCIENTIFIC MEETING OF THE INDONESIAN SOCIETY OF HYPERTENSION

June 4 - 7, 2015
Bali Nusa Dua
Convention Center

Hypertension Care:
Protecting the Present and Future Generation From Target Organ Damage

Abstract will be published in JOURNAL OF HYPERTENSION

Scientific Program:
Plenary sessions | Satellite symposiums | Joint Symposium | Debate & Controversies | Workshop | Young Investigator Award

www.apch2015.org
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Welcome Message

Dear Colleagues and Friends,

On behalf of the Organizing Committee, it is our great pleasure to welcome you to Bali and to the 11th Asia Pacific Congress of Hypertension (APCH) - Hypertension Care: Protecting the Present and Future Generation from Target Organ Damage, on June 4-7, 2015.

The 11th Asia Pacific Congress of Hypertension (APCH 2015) is a biennial event organized by the Asia Pacific Society for Hypertension (APSH) that aims to promote public education, better care and facilitate research and collaboration in the field of hypertension.

APSH is the official affiliate of the International Society of Hypertension (ISH) for Asia Pacific. At each APCH gathering, there is a joint symposium with the ISH. This year, the 11th Asia Pacific Congress of Hypertension (APCH) will be in conjunction with 9th Scientific Meeting of the Indonesian Society of Hypertension (InaSH).

The Congress will provide the latest developments in clinical trials and clinical research of hypertension epidemiology and medicine, primarily in the area of target organ damage protection.

Many distinguished hypertension specialists and scientists have joined the faculty and will take part in this congress. Papers will be presented in the form of plenary sessions, symposia and posters. There will be various settings of hypertension workshops, interactive difficult cases discussion, meet the experts and debate session as well. These presentations and studies, originating from Asia Pacific region, assure that the meeting will be a major scientific event.

Delegates will have the possibility to participate in oral or poster abstract presentations and share their research and clinical projects. These abstracts will be published at Journal of Hypertension - Official Journal of International Society of Hypertension (ISH) and European Society of Hypertension (ESH).

The meeting will also provide a unique opportunity by which our industry partners may network with attendees.

We encourage you to participate in this Congress. We are sure that this meeting will offer you an enjoyable scientific program and entertaining social atmosphere.

Warmest regards,

Iwan Dakota
Chairperson, Organizing Committee 11th APCH

Nani Hersunarti
President, InaSH

Arieska Ann Soenarta
Honorary Chairperson, 11th APCH

Antonia Anna Lukito
Chairperson, Organizing Committee 9th InaSH Meeting

Rully M. A. Roesli
Chairperson, Scientific Committee 11th APCH
Organizing Committee

Patrons
President of Indonesian Society of Hypertension
President of Indonesian Heart Association
President of Indonesian Neurological Association
President of Indonesian Society of Nephrology

Chairperson, 11th APCH
Iwan Dakota
Honorary Chairman
Arieska Ann Soenarta
Secretary I
Erwinanto
Secretary II
Yuda Turana
Treasurer I
Rossana Barack
Eka Harmeywati

Chairperson, 9th InaSH Meeting
Antonia Anna Lukito
Secretary
Bambang Widyantoro
PIC Workshop 1
Amanda Tiksnadi
PIC Workshop 2
A. Sari S. Mumpuni
PIC Workshop 3
Pringgodigdo Nugroho

Scientific Committee
Chairman
Rully M.A. Roesli
Scientific Secretary
Siska Suridanda Danny

Members
Suhardjono
Teguh A.S Ranakusuma
Arieska Ann Soenarta
Anwar Santoso
Nani Hersunarti
Santoso Karo Karo
Antonia Anna Lukito
Tunggul Diapari Situmorang
A. Sari S. Mumpuni
Pringgodigdo Nugroho
Yuda Turana
Bambang Widyantoro

Registration
Amanda Tiksnadi
Ekawatidani Yulianti
11th ASIA PACIFIC CONGRESS OF HYPERTENSION
in conjunction with
9th SCIENTIFIC MEETING OF THE INDONESIAN SOCIETY OF HYPERTENSION

Accomodation
Rarsari Soerarso Pratikto
BRM Ario Soeryo Kuncoro
I Made Junior Rina Artha

Exhibition, Publication & Documentation
Vidhia Umami
I Made Junior Rina Artha
Adrianus Kosasih
Frits R.W. Suling
Yohanna Kusuma

Local Committee
Ketut Suwitra
Ni Made Hustrini
I Made Putra Swiantara

YIA
Saifur Rohman
Yohanna Kusuma

Endorsed by:

Indonesian Society of Hypertension

Indonesian Heart Association

Indonesian Neurological Association

Indonesian Society of Nephrology
# Program at Glance

## THURSDAY, JUNE 4, 2015

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<th>Time</th>
<th>Location</th>
<th>Session</th>
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<tr>
<td>08.30 - 09.00</td>
<td>NUSA DUA 4</td>
<td>Plenary Session</td>
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<tr>
<td>09.00 - 09.15</td>
<td>NUSA DUA 3</td>
<td>INASH 1 Essentials in Hypertension and Cerebral Disease</td>
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<tr>
<td>09.15 - 10.15</td>
<td>NUSA DUA 1 &amp; 2</td>
<td>INASH 2 Updates of Hypertension and Kidney Disease</td>
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<tr>
<td>10.15 - 10.45</td>
<td>ULUWATU 1</td>
<td>INASH 3 Hypertension and Pathogenesis: The Basics</td>
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<tr>
<td>09.45 - 10.00</td>
<td>ULUWATU 2</td>
<td>PRIMARY ALDOSTERONISM SATELLITE SYMPOSIUM</td>
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<td>09.45 - 11.00</td>
<td>NUSA DUA 4</td>
<td>LS INASH 1 Beta-Blocker: What is the Future?</td>
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<td>LS INASH 3 Practical Patients Protection with NOAC: At Risk and After Cardiovascular Events</td>
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<td>11.00 - 12.00</td>
<td>ULUWATU 1</td>
<td>LUNCH SYMPOSIUM</td>
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<td>12.00 - 13.00</td>
<td>ULUWATU 2</td>
<td>APSH TRUSTEE &amp; COUNCIL MEETING</td>
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<td>13.00 - 14.15</td>
<td>NUSA DUA 4</td>
<td>LS INASH 4 Hypertension with Atrial Fibrillation</td>
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<td>14.15 - 15.00</td>
<td>NUSA DUA 3</td>
<td>LS INASH 5 Hypertension and Cardiovascular Disease</td>
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<td>14.15 - 15.30</td>
<td>NUSA DUA 1 &amp; 2</td>
<td>LS INASH 6 Hypertension Crisis</td>
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<td>14.30 - 15.00</td>
<td>ULUWATU 1</td>
<td>PRIMARY ALDOSTERONISM SATELLITE SYMPOSIUM</td>
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<tr>
<td>15.00 - 16.00</td>
<td>ULUWATU 2</td>
<td>APSH TRUSTEE &amp; COUNCIL MEETING</td>
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**Registration**

**Lunch Break**

**Lunch Symposium**

**Coffee Break**

**Interactive Case Discussion**

**Debate Session:** Betablockers in Hypertension: YES or NO

**Ethical and Safety Considerations in Hypertension Management**

**Launching the Compilation of INASH Consensus**

**Adjourn**
# Program at Glance

## FRIDAY, JUNE 5, 2015

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<thead>
<tr>
<th>Time</th>
<th>NUSA DUA 4</th>
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<td>09.00 - 10.15</td>
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<td>Master Course in Hypertension: From A to Z in Clinical Practice</td>
<td>Master Course in Hypertension: From A to Z in Advanced Care</td>
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<td>09.00 - 09.30</td>
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<td>S 3</td>
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<td></td>
<td>Current Issues on Blood Pressure Measurement and Monitoring</td>
<td>Targets in Lipid and Diabetes Management as a Part of Metabolic Syndrome (TBC)</td>
<td>JOINT SYMPOSIUM with HBPRCA</td>
<td>Master Course in Hypertension: From A to Z in Clinical Practice</td>
<td>Master Course in Hypertension: From A to Z in Advanced Care</td>
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<td>11.10 - 12.00</td>
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<td></td>
<td>Relook at Asian Perspective on the Importance of Blood Pressure Variability (BPV)</td>
<td>The New Paradigm of Hyponatremia</td>
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<td>14.30 - 15.40</td>
<td>S 5</td>
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<td></td>
<td>Hypertension and Its Complication</td>
<td>Regional Issues of Hypertension in Asia Pacific Region</td>
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<td>FREE COMMUNICATION</td>
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### Registration

- 11.00 - 12.00
- 09.00 - 09.30
- 13.30 - 14.30

### Lunch Symposium

- 11.10 - 12.00
- 12.00 - 13.30

### LUNCH SYMPOSIUM

- LS 1: Relook at Asian Perspective on the Importance of Blood Pressure Variability (BPV)
- S 4: The New Paradigm of Hyponatremia

### Joint Symposium with HBPRCA

- S 3: Master Course in Hypertension: From A to Z in Clinical Practice

### COFFEE BREAK

- 09.30 - 10.00
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<tr>
<td>09.30 - 11.00</td>
<td>S 7: Revisiting The Use of Beta Blockers in Cardiovascular Disease</td>
<td>S 8: Chronobiology of Hypertension</td>
<td>S 9: Integrated Management of Cardiovascular Risks</td>
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<td>11.00 - 12.00</td>
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<td>13.00 - 14.00</td>
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<td>15.30 - 16.30</td>
<td>FREE COMMUNICATION</td>
<td>Meet The Expert: Hot Issues in Hypertension</td>
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# Program at Glance

**SUNDAY, JUNE 7, 2015**

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<tr>
<td>08.00 - 09.30</td>
<td>S 13 Hypertensive Vascular Disease</td>
<td>S 14 Debate and Controversies: Sodium and Potassium in Hypertension and Vascular Disease: Is One More Important Than the Other?</td>
<td>S 15 Metabolic Syndrome and Cardiovascular Risks</td>
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<td>09.30 - 10.00</td>
<td>COFFEE BREAK</td>
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<td>10.00 - 11.30</td>
<td>YOUNG INVESTIGATOR AWARDS</td>
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<td>11.30 - 12.30</td>
<td>PRESIDENTIAL LECTURE</td>
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<td>12.30 - 12.50</td>
<td>AWARDS PRESENTATION</td>
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<td>12.50 - 14.00</td>
<td>CLOSING CEREMONY</td>
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<td>13.00 - 14.00</td>
<td>LUNCH</td>
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Scientific Program

Pre-Congress
9th Scientific Meeting of the Indonesian Society of Hypertension

Thursday, June 4, 2015

Plenary Session - Nusa Dua Hall 3
Chair: Airiza Achmad, INDONESIA

08.00 - 08.30 Hypertension: When to Refer in the Universal Coverage Era?
Rully M.A Roesli, INDONESIA

08.30 - 09.00 Recent Hypertension Guidelines: How to Apply in A Practical Way?
Arieska Ann Soenarta, INDONESIA

INASH 1 - Nusa Dua Hall 4

Essentials in Hypertension and Cerebral Disease
Chair: Diatri Nari Lastri, INDONESIA

09.00 - 09.20 Highlights of Hypertension Management in Acute Stroke Patients
Yohanna Kusuma, INDONESIA

09.20 - 09.40 Cognitive Function Management After Stroke: How To Improve?
Amanda Tiksnadi, INDONESIA

09.40 - 10.00 The Importance of Brain-Screening : Preserving Cognitive Function in Patients with Hypertension
Yuda Turana, INDONESIA

10.00 - 10.15 Discussion
INASH 2 - Nusa Dua Hall 3

Updates of Hypertension and Kidney Disease

Chair: Ginova Nainggolan, INDONESIA

09.00 - 09.20 Proteinuria and High Blood Pressure as Risk Factors of Kidney Disease
Tunggul Diapari Situmorang, INDONESIA

09.20 - 09.40 Dealing with High Blood Pressure in Renal Disease Patients: Tips and Tricks
Suhardjono, INDONESIA

09.40 - 10.00 Blood Pressure Problems During Hemodyalisis
Pranawa Martosuwignyo, INDONESIA

10.00 - 10.15 Discussion

INASH 3 - Nusa Dua 1 & 2

HOW TO SESSION
Hypertension and Pathogenesis: The Basics

Chair: Achmad Fauzi Yahya, INDONESIA

09.00 - 09.20 Pathogenesis of Hypertension
Maruhum Bonar Marbun, INDONESIA

09.20 - 09.40 New Biomarkers in Hypertension
Frits R.W. Suling, INDONESIA

09.40 - 10.00 Updates in Secondary Hypertension
Nunuk Mardiana, INDONESIA

10.00 - 10.15 Discussion

10.15 - 10.45 COFFEE BREAK
INASH 4 - Nusa Dua 4

Hypertension with Atrial Fibrillation

Chair: Yoga Yuniadi, INDONESIA

10.45 - 11.05 Hypertension in Atrial Fibrillation: How to Prevent?
    BRM. Ario Soeryo Kuncoro, INDONESIA

11.05 - 11.25 Atrial Fibrillation in Hypertension with Chronic Kidney Disease
    Chaerul Ahmad, INDONESIA

11.25 - 11.45 Stroke in Non-Valvular Atrial Fibrillation: Is It Preventable?
    Yoga Yuniadi, INDONESIA

11.45 - 12.00 Discussion

INASH 5 - Nusa Dua 3

Hypertension and Cardiovascular Disease

Chair: Ketut Suwitra, INDONESIA

10.45 - 11.05 Cardiovascular Risks to Cardiovascular Diseases: How to Prevent The Progression
    Bambang Widyantoro, INDONESIA

11.05 - 11.25 Achieving Blood Pressure Goal: From Clinical Trial into Real-World Data
    M. Yogiarto, INDONESIA

11.25 - 11.45 More Than Just Blood Pressure Lowering: Think Beyond for Protection
    Ria Bandiara, INDONESIA

11.45 - 12.00 Discussion
INASH 6 - Nusa Dua 1 & 2

Hypertension Crises

Chair: Bambang Budi Siswanto, INDONESIA

10.45 - 11.05 Malignant Hypertension: How to Deal With?
Adrianus Kosasih, INDONESIA

11.05 - 11.25 Perioperative Management of Hypertension
Saifur Rohman, INDONESIA

11.25 - 11.45 Renovascular Hypertension: How to Approach and Treat it?
Pringgodigdo Nugroho, INDONESIA

11.45 - 12.00 Discussion

12.00 - 13.00 LUNCH

LUNCH SYMPOSIUM INASH 1 - Nusa Dua 4

Beta - Blocker: What is the Future?

Chair: Teguh A.S Ranakusuma, INDONESIA

13.00 -13.20 Clinical Challenges & Controversy of Beta-Blocker in Hypertension
Antonia Anna Lukito, INDONESIA

13.20 - 11.40 New Therapeutic Options in Hypertension: Role of the Newest Vasodilatory Beta-Blocker
Rully M.A. Roesli, INDONESIA

11.40 - 14.00 Discussion
**LUNCH SYMPOSIUM INASH 2 - Nusa Dua 3**

Combination Therapy in Hypertension: Fulfiling New Expectations

Chair: Harun Rasyid Lubis, INDONESIA

13.00 - 13.20 **CCB / Diuretic Combination: Why Guidelines Already Support it**
Franz Messerli, USA

13.20 - 13.40 **Triple Combination in Hypertension: From Theory to Clinical Evidence**
Neil Poulter, UK

13.40 - 14.00 **Discussion**

**LUNCH SYMPOSIUM INASH 3 - Nusa Dua 1 & 2**

Practical Patients Protection with NOAC: At Risk and After Cardiovascular Events

Chair: Hasan Machfoed, INDONESIA

13.00 - 13.20 **Protecting Patients at High Risk of Cardiac Events and Stroke: What Are Our Options? Maria’s Story**
Muhammad Yamin, INDONESIA

13.20 - 13.40 **Optimizing Protection After An Ischemic Stroke: Ralf’s Story**
Hendro Susilo, INDONESIA

13.40 - 14.00 **Discussion**
INASH 7 - Nusa Dua 4

Hypertension in Specific Population

Chair: Diatri Nari Lastri, INDONESIA

14.00 - 14.20 Hypertension in Young Adults
Ekawatidani Yulianti, INDONESIA

14.20 - 14.40 Hypertension in Women
Rossana Barack, INDONESIA

14.40 - 15.00 Hypertension in Elderly
Eka Harmeiwaty, INDONESIA

15.00 - 15.15 Discussion

INASH 8 - Nusa Dua 3

Hypertension and Associated Risks

Chair: Frits R.W. Suling, INDONESIA

14.00 - 14.20 Hypertension and Lipid: A Fate or A Coincidence?
Anwar Santoso, INDONESIA

14.20 - 14.40 Antiplatelets in Hypertension: A necessity or A Choice?
Freddy Sitorus, INDONESIA

14.40 - 15.00 Testing Hypertension in Diabetics With or Without Nephropathy: What is the Difference?
Ginova Nainggolan, INDONESIA

15.00 - 15.15 Discussion
INASH 9 - Nusa Dua 1 & 2

Hypertension and Target Organ Damage

Chair: Suhardjono, INDONESIA

14.00 - 14.20 Atherosclerosis and Hypertension: Which first?
   Achmad Fauzi Yahya, INDONESIA

14.20 - 14.40 Microalbuminuria in Hypertension: How to Prevent and Tangle?
   Afiatin, INDONESIA

14.40 - 15.00 Hypertension and Coronary Artery Disease: How to Harmonize Therapy?
   Siska Suridanda Danny, INDONESIA

15.00 - 15.15 Discussion

INASH 10 - Nusa Dua 4

Interactive Case Discussion

Chair: Bambang Widyantoro, INDONESIA
Panelist: Sutomo Kasiman, INDONESIA
               Chandra Irwanadi, INDONESIA
               Mursyid Bustami, INDONESIA

15.15 - 15.35 Newly Case Hypertension: Initial Treatment of Choice (JNC 8, NICE Guidelines)

15.35 - 15.55 Hypertensive Emergency in Acute Cardiovascular Disease
           (Prevention of Cerebral Blood Flow)

15.55 - 16.15 Hypertension with Cardio-Renal Complication (When to Start or Stop RASS Blocker)

16.15 - 16.35 Acute Hypertensive Heart Failure (IV Treatment of Choice)
INASH 11 - Nusa Dua 3

DEBATE SESSION - Betablockers in Hypertension: Yes or No

Chair : Asikin Hanafiah, INDONESIA
Pro : Arieska Ann Soenarta, INDONESIA
Con : Pranawa Martosuwignyo, INDONESIA

16.15 - 16.35

INASH 12 - Nusa Dua 1 & 2

Ethical and Safety Considerations in Hypertension Management

Chair: Andang Joesoef, INDONESIA

15.15 - 15.35 Ethics Considerations in Hypertension Management
IDI Bali, INDONESIA

15.35 - 15.55 Safety Considerations in Hypertension Management
Adre Mayza, INDONESIA

15.55 - 16.15 InaSH Research: Blood Pressure and Anti Hypertensive Drugs Used in Indonesia
Saifur Rohman, INDONESIA

16.15 - 16.35 Discussion

LAUNCHING OF THE COMPILATION OF INASH CONSENSUS - Nusa Dua 4

16.35 - 17.00 Yuda Turana, INDONESIA
Thursday, June 4, 2015

PRIMARY ALDOSTERONISM SATELLITE SYMPOSIUM - Uluwatu 1

PART I
Chair: Kwan-Dun Wu, TAIWAN
       Michael Stowasser, AUSTRALIA

08.30 - 08.40 Primary Aldosteronism: The Tip of the Iceberg?
         John Funder, AUSTRALIA

08.40 - 09.10 Special Lecture
         Rhian Touyz, UK

09.10 - 09.30 Subtype Differentiation and Treatment of Primary Aldosteronism
         Fumitoshi Satoh, JAPAN

09.30 - 09.50 Metabolic Dysfunction in Aldosteronism
         Vincent Wu, TAIWAN

09.50 - 10.10 TBC
         Michel Azizi, FRANCE

10.15 - 10.45 COFFEE BREAK

PART II
Chair: Tunggul Diapari Situmorang, INDONESIA
       Michel Azizi, FRANCE

10.45 - 11.15 Genetics and Physiology of Primary Aldosteronism
         Ute Scholl, GERMANY

11.15 - 11.35 Primary Aldosteronism: Towards Improved Diagnosis and Subtype
         Differentiation
         Michael Stowasser, AUSTRALIA

11.35 - 11.55 Cardiovascular Damage in Patient with Primary Aldosteronism:
         An Update
         Yen-Hung Lin, TAIWAN

11.55 - 12.05 Closing
         Rhian Touyz, UK

12.05 - 13.00 LUNCH
11th Asia Pacific Congress of Hypertension

Friday, June 5, 2015

Plenary Session 1 - Nusa Dua Hall 3

Chair: Teguh A.S Ranakusma, INDONESIA

08.00 - 08.25 Stroke, Cognitive Function and Renin Angiotensin System
Masatsugu Horiuchi, JAPAN

08.25 - 08.30 Discussion

08.30 - 08.55 Hypertension and the Brain
Hasan Machfoed, INDONESIA

08.55 - 09.00 Discussion

09.00 - 09.30 OPENING CEREMONY

09.30 - 10.00 COFFEE BREAK

SYMPOSIUM 1 - Nusa Dua Hall 4

Current Issues on Blood Pressure Measurement and Monitoring

Chair: Djoko Wibisono, INDONESIA

10.00 - 10.20 Ambulatory and Home Blood Pressure Monitoring: Current Position in Recent Guidelines
Pringgodigdo Nugroho, INDONESIA

10.20 - 10.40 Comparison of Blood Pressure Measurement Between Digital Vs Mercury Sphygmomanometer
Rarsasi Soerarso Pratikto, INDONESIA

10.40 - 11.00 Current Issues on Blood Pressure Measurement and Monitoring A Novel Practical Application of Out-of-Office Blood Pressure
Yutaka Imai, JAPAN

11.00 - 11.10 Discussion
**SYMPOSIUM 2 - Nusa Dua Hall 3**

**Targets in Lipid and Diabetics as a Part of Metabolic Syndrome Management**

Chair: Sunarya Soerianata, INDONESIA

10.20 - 10.20 Hypertension and Metabolic Syndrome: The Connection
Zulkhair Ali, INDONESIA

10.20 - 10.40 Individualized Treatment for the Care of Patients with Type 2 Diabetes
Made Ratna Saraswati, INDONESIA

10.40 - 11.00 Recent Science Update in Individualized Dyslipidemia Treatment
David Hare, AUSTRALIA

11.00 - 11.10 Discussion

**SYMPOSIUM 3 - Nusa Dua Hall 1 & 2**

**Satellite Symposium of High Blood Pressure Research Council of Australia (HBPRCA)**

Chair: Djanggan Sargowo, INDONESIA

10.00 - 10.20 High Intraluminal Pressure as a Trigger of Vascular Inflammation
Jaye Chin Dusting, AUSTRALIA

10.20 - 10.40 Heart Development in a Dish: Towards Human Models of Human Development and Disease
Enzo Porello, INDONESIA

10.40 - 11.00 The Role of the MicroRNA MiR-181a on Blood Pressure in Man
Francine Marques, AUSTRALIA

11.00 - 11.40 Resistant Hypertension: What Can We Do?
Garry Jennings, AUSTRALIA

11.40 - 12.00 Familiar Forms of Hyperaldosteronism
Michael Stowasser, AUSTRALIA
LUNCH SYMPOSIUM 1 - Nusa Dua Hall 4

Relook at Asian Perspective on the Importance of Blood Pressure Variability

Chair: Yuda Turana, INDONESIA

11.10 - 11.30 Blood Pressure Variability and Morning Blood Pressure: Asian Perspective on Target Organ Damage and Prevention of Stroke
Satoshi Hoshide, JAPAN

11.30 - 11.50 Asian Concensus for Optimizing Treatment Due to High Risk MBP: The Need 24 Hours Protection and How Long Acting Calcium-Channel Blockers Protect
Chern - En Chiang, TAIWAN

11.50 - 12.00 Discussion

SYMPOSIUM 4 - Nusa Dua Hall 3

The New Paradigm of Hypotremia

Chair: Nani Hersunarti, INDONESIA
Sung Ji Park, KOREA

11.10 - 11.30 Hypotremia in Cardio Renal Syndrome
Parlindungan Siregar, INDONESIA

11.30 - 11.50 The Role of Vasopressin Receptor 2 Antagonist in Diuretic Resistance
Champion, USA

11.50 - 12.00 Discussion

12.00 - 13.30 FRIDAY PRAYING & LUNCH
Plenary Session 2 - Nusa Dua Hall 3

Chair: Endang Susalit, INDONESIA

13.30 - 13.55  Aldosterone, Mineralocorticoid Receptors and Premary Aldosteronism
John Funder, AUSTRALIA

13.55 - 14.00  Discussion

14.00 - 14.25  Therapeutic Implications of Newer and Novel Antihypertensive Drugs
Jiguang Wang, CHINA

14.25 - 14.30  Discussion

SYMPOSIUM 5 - Nusa Dua Hall 4

Hypertension and Its Complication

Chair: V.V. Muthusamy, INDIA

14.30 - 14.50  Cognitive Decline: The Rule of Hypertension and Others Risk Factors
Yuda Turana, INDONESIA

14.50 - 15.10  Vascular Remodelling: Roles of Preotective Arm of Renin Angiotensin System
Masatsugu Horiuchi, JAPAN

15.10 - 15.30  Update of Guidelines for Hypertension: Risk According to Baseline Blood Pressure
Jiguang Wang, CHINA

15.30 - 15.40  Discussion

SYMPOSIUM 6 - Nusa Dua Hall 3

Regional Issues of Hypertension in Asia Pacific Region

Chair: Dato' Azhari Rosma, MALAYSIA

14.30 - 14.50  Hypertension Program in Korea
Cheol Ho Kim, KOREA

14.50 - 15.10  Hypertension Guidelines in Taiwan
Wen Jone Chen, TAIWAN

15.10 - 15.30  Current Conditions of Hypertension in Indonesia
Nani Hersunarti, INDONESIA

15.30 - 15.40  Discussion
Friday, June 5, 2015

WORKSHOP ON HYPERTENSION

Master Course in Hypertension: From A to Z in Clinical Practice
Venue : Uluwatu 2
Chair : BRM Ario Soeryo Kuncoro, INDONESIA

07.30 - 08.30 Re - Registration
08.30 - 08.45 Pre - Test
08.45 - 09.00 Opening Remarks
09.00 - 09.30 OPENING CEREMONY
09.30 - 10.00 COFFEE BREAK

10.00 - 10.30 Epidemiology of Hypertension and How to Measure Blood Pressure Correctly
Ekawatidani Yulianti, INDONESIA

10.30 - 11.00 Understanding Pathophysiology of Hypertension: How It Will Affect Your Management
Yan Herry, INDONESIA

11.00 - 11.30 Cardiovascular Risk Assessment as a Cornerstone of Hypertension Management in Our Clinical Practice: A Lesson From ESC Guidelines
BRM Ario Soeryo, INDONESIA

11.30 - 12.00 The “Correct” Blood Pressure Target in Hypertension Therapy
Amanda Tiksnadi, INDONESIA

12.00 - 13.30 FRIDAY PRAYING & LUNCH

13.30 - 14.00 Getting to Know the Commonly Used Drugs in Hypertension: How to Choose and Titrate
Rossana Barack, INDONESIA

14.00 - 14.30 Non Pharmacological Strategy in Hypertension Management: Prescribing the Right Diet and Exercise
Ria Bandiara, INDONESIA

14.30 - 15.00 Management of Hypertension in Acute Stroke
M. Kurniawan, INDONESIA

15.00 - 15.30 Post Test & Discussion
Friday, June 5, 2015

WORKSHOP ON HYPERTENSION

Master Course in Hypertension: From A to Z in Advanced Care

Venue: Uluwatu 3
Chair: Adre Mayza, INDONESIA

07.30 - 08.30 Re - Registration
08.30 - 08.45 Pre - Test
08.45 - 09.00 Opening Remarks
09.00 - 09.30 OPENING CEREMONY
09.30 - 10.00 COFFEE BREAK

10.00 - 10.30 Emerging Role of Ambulatory and Home Blood Pressure
Siska Suridanda Danny, INDONESIA

10.30 - 11.00 How to Improve Adherence to Antihypertensive Treatment
Adre Mayza, INDONESIA

11.00 - 11.30 Side Effects of Antihypertensive Drugs and Problems with
Combination Therapy
Frits R.W. Suling, INDONESIA

11.30 - 12.00 The Importance of Sodium in Hypertension and Cardiovascular
Disease
Chandra Irwanadi, INDONESIA

12.00 - 13.30 FRIDAY PRAYING & LUNCH

13.30 - 14.00 Critical Appraisal on Landmark Trials in Hypertension / Update
on New Large Clinical Trials in Hypertension
Bambang Widyanoto, INDONESIA

14.00 - 14.30 Recent International Hypertension Guidelines / Consensus:
Have We Learned Anything New?
Pringgodi Nugroho, INDONESIA

14.30 - 15.00 Practical Approach in Hypertensive Emergencies
Dodik Tugasworo, INDONESIA

15.00 - 15.30 Post Test & Discussion
Saturday, June 6, 2015

Plenary Session 3 - Nusa Dua Hall 3

Chair: Asikin Hanafiah, INDONESIA

08.00 - 08.25 Renal Denervation: A Careful Analysis of the Results
Michel Azizi, FRANCE

08.25 - 08.30 Discussion

08.30 - 08.55 Hypertension and the Kidney
Wiguno Prodjosudjadi, INDONESIA

08.55 - 09.00 Discussion

09.00 - 09.30 COFFEE BREAK

SYMPOSIUM 7 - Nusa Dua Hall 4

Revisiting the Use of Beta Blockers in Cardiovascular Disease

Chair: Jose Roesma, INDONESIA

09.30 - 09.50 New Evidence of Beta Blockers in Hemodyalysis Patients
Suhardjono, INDONESIA

09.50 - 10.10 Androreceptor Blockers Links to Cardioprotection
Priyamitr Sritara, THAILAND

10.10 - 10.30 Redefining Position of Betablocker in Hypertension Guidelines
A. Sari S. Mumpuni, INDONESIA

10.30 - 11.00 Discussion
SYMPOSIUM 8 - Nusa Dua Hall 3

Chronobiology of Hypertension

Chair: Michael Stowasser, AUSTRALIA

09.30 - 09.50 Chronobiology of Hypertension Blood Pressure Variabilities and Their Clinical Significance
Yutaka Imai, JAPAN

09.50 - 10.10 Importance of Sleep Blood Pressure
Trefor Morgan, AUSTRALIA

10.10 - 10.30 Blood Pressure Variability: What Does It Mean and What is its Impact on Cardiovascular Disease?
Chia Yook Chin, MALAYSIA

10.30 - 11.00 Discussion

SYMPOSIUM 9 - Nusa Dua Hall 1 & 2

Integrated Management of Cardiovascular Risks

Chair: Sarwono Waspadji, INDONESIA

09.30 - 09.50 Management of Hypertension in High Risk Patients
Siska Suridanda Danny, INDONESIA

09.50 - 10.10 Statis for High Risk Patients: Optimal Treatment to Prevent Cardiovascular Disease
Erwinanto, INDONESIA

10.10 - 10.30 An Innovative of T2DM Treatment - Targeting the Kidney for Glucose Homeostasis in T2DM
Azani Mohamed Daud, MALAYSIA

10.30 - 11.00 Discussion
LUNCH SYMPOSIUM 2 - Nusa Dua Hall 4

The Role of Vasodilatory Beta-Blockers in Hypertension

Chair: Suhardjono, INDONESIA

11.00 - 11.20 The Role of NO in Cardiovascular Disease
   Low Lip Ping, SINGAPORE

11.20 - 11.40 Vasodilatory Beta-Blocker: A Different Class of Antihypertensive Agents
   Alberto Zanchetti, ITALY

11.40 - 12.00 Discussion

LUNCH SYMPOSIUM 3 - Nusa Dua Hall 3

ACE Inhibitor / CCB Combination in Cardiovascular Protection: More than Blood Pressure Reduction

Chair: Arieska Ann Soenarta, INDONESIA

11.00 - 11.20 Same Blood Pressure, Different Outcome: Latest Trial Evidence
   TBC

11.20 - 11.40 Evolving Evidence From Trial on Combination Therapy
   Neil Poulter, UK

11.40 - 12.00 Discussion
LUNCH SYMPOSIUM 4 - Nusa Dua Hall 1 & 2

The Three Dimensions of Modern Blood Pressure Management

Chair: Anwar Santoso, INDONESIA

11.00 - 11.20 The Importance of 24-Hour Blood Pressure Control for Managing Cardiovascular Risk
Melvin Tan, SINGAPORE

11.20 - 11.40 Blood Pressure Variability Over 24-Hour: Implications and Treatment with Single Pill Combination
Pranawa Martosuwignyo, INDONESIA

11.40 - 12.00 Discussion

Plenary Session 4 - Nusa Dua Hall 3

Chair: Adre Mayza, INDONESIA

13.00 - 13.25 Hypertension and the Heart
Anwar Santoso, INDONESIA

13.25 - 13.30 Discussion

13.30 - 13.55 Salt, Aldosterone and Hypertension
Toshiro Fujita, JAPAN

13.55 - 14.00 Discussion
SYMPOSIUM 10 - Nusa Dua Hall 4

Symposium with PULSE OF ASIA: Pulse of the Artery Science to the Clinic in Asia

Chair: Iwan Dakota, INDONESIA
       Kee - Sik Kim, KOREA

14.00 - 14.20 Central Hemodynamics: From Science to the Clinic and Back
       Jeong Bae Park, KOREA

14.20 - 14.40 Use of Arterial Stiffness and Wave Reflections in the Management of Hypertension
       Jiguang Wang, CHINA

14.40 - 15.10 Arterial Stiffness in Clinical Trials
       Priyamitr Sritara, THAILAND

15.10 - 15.30 Discussion

SYMPOSIUM 11 - Nusa Dua Hall 3

DEBATE AND CONTROVERSIES
Renal Denervation

Chair: Santoso Karo Karo, INDONESIA

14.00 - 15.10 Pro : Michel Azizi, FRANCE
              Con : Garry Jennings, AUSTRALIA

15.10 - 15.30 Discussion
SYMPOSIUM 12 - Nusa Dua Hall 1 & 2

Hypertension and Kidney: The Interaction

Chair: Dharmeizar, INDONESIA

14.00 - 14.20 The Kidney - Culprit of Victim in Hypertension
Lynn Gomez, PHILIPPINES

14.20 - 14.40 Considerations As to the Use of Diuretics in the Treatment of Hypertension
Alberto Zanchetti, ITALY

14.40 - 15.10 Drug Dosing in Hypertension with Chronic Kidney Disease: Evening or Morning?
Ria Bandiara, INDONESIA

15.10 - 15.30 Discussion

MEET THE EXPERT - Nusa Dua Hall 3

Hot Issues in Hypertension

Chair : Arieska Ann Soenarta, INDONESIA
Lynn Gomez, PHILIPPINES

15.30 - 16.30 Jose Roesma, INDONESIA
Melvin Tan, SINGAPORE
Wen Jone Chen, TAIWAN
Sunday, June 7, 2015

SYMPOSIUM 13 - Nusa Dua Hall 4

Hypertensive Vascular Disease

Chair: Jaye Chin Dusting, AUSTRALIA

08.00 - 08.20 Vascular Biology of Hypertension
Rhian Touyz, UK

08.20 - 08.40 Vascular Markers in Hypertensive Women: What Is the Relevance?
Antonia Anna Lukito, INDONESIA

08.40 - 09.00 Subclinical Hypertensive Vasculopathy: Arterial Stiffness and Central Aortic Pressure
Dato' Azhari Rosma, MALAYSIA

09.00 - 09.30 Discussion

SYMPOSIUM 14 - Nusa Dua Hall 4

DEBATE AND CONTROVERSIES
Sodium and Potassium in Hypertension and Vascular Disease: Is One Important Than the Other?

Chair: Low Lip Ping, SINGAPORE

08.00 - 08.30 Potassium, Hypertension and Vascular Disease
Pro: Toshiro Fujita, JAPAN

08.30 - 09.00 Sodium, Hypertension and Vascular Disease
Con: Trefor Morgan, AUSTRALIA

09.00 - 09.30 Discussion
SYMPOSIUM 15 - Nusa Dua Hall 1 & 2
Metabolic Syndrome and Cardiovascular Risks

Chair: Chia Yook Chin, MALAYSIA

08.00 - 08.20 Obesity and Hypertension: Connecting the Dots
Haerani Rasyid, INDONESIA

08.20 - 08.40 Lifestyle Modification and Prevention of Hypertension
Basuni Radi, INDONESIA

08.40 - 09.00 Management of Diabetic Hypertension
Azani Mohamed Daud, MALAYSIA

09.00 - 09.30 Discussion

PRESIDENTIAL LECTURE - Nusa Dua Hall 3

11.30 - 12.00 Aldosterone, Adipocytes and Vascular Function - Implications in Obesity Associated Cardiovascular Disease
Rhian Touyz, UK

12.00 - 12.30 Hypertension and Vascular Complications
Iwan Dakota, INDONESIA
FREE COMMUNICATION

Friday, June 5, 2015
Nusa Dua Hall 1 & 2
14.30 - 16.30
Lecture : Neil Poulter, UK
Chair : Teguh Ranakusuma, INDONESIA
Antonia Anna Lukito, INDONESIA

Saturday, June 6, 2015
Nusa Dua Hall 4
15.30 - 16.30
Lecture : Vincent Wu, TAIWAN
Chair : Bambang Widyantoro, INDONESIA

Saturday, June 6, 2015
Nusa Dua Hall 1 & 2
15.30 - 16.30
Lecture : Toshiro Fujita, JAPAN
Chair : Rully M. A. Roesli, INDONESIA

YOUNG INVESTIGATORS AWARD
Sunday, June 7, 2015 Nusa Dua Hall 3 10.00 - 11.30

POSTER
Friday, June 5, 2015 - Saturday, June 6, 2015 Nusa Dua Hall 5
Call for Abstract

Submit Your Abstract and Get Published..!!

The 11th APCH 2015 committee invites you to submit your abstracts of original research which are related to the main topic of the congress or the hypertension field. The Scientific Abstract Reviewer Committee will evaluate and select the abstracts based on quality, clarity and relevance on the main topic or hypertension field.

Accepted abstracts will be selected for Oral or Poster Presentations. Abstracts will be published online in the Journal of Hypertension - Official Journal of International Society of Hypertension (ISH) and European Society of Hypertension (ESH) and inserted in the APCH 2015 Program Book.

ABSTRACT SUBMISSION & GUIDELINES

General Policies
1. All abstracts must be prepared according to the correct format and requirements. Submissions will be returned to the author if not in the correct format and should be resubmitted to the committee with the exact format.

2. Abstracts submission will only be received online through the 11th APCH Website (Registration Menu) or email: apch2015@inash.or.id

3. Faxed or mailed hard-copy abstract or abstract sent on disc/CD will not be accepted.

4. There will be no limit to the number of abstracts for an author to submit.

5. The Scientific Abstract Reviewer Committee will evaluate and select all abstracts for Oral, Poster and Moderated Poster presentations.

6. Notification of abstracts acceptance will be given to the presenting authors via email at the latest on April 30, 2015.

7. All presenting authors, whose abstracts are accepted, must be paid registrants. Abstracts will not be processed until an abstract registration fee has been received.

8. Best oral and poster presentation will be announced and rewarded in the congress on June 7, 2015.
Abstract Format Guidelines

A. Language
English (Clear with accurate grammar and spelling of a quality suitable for publication)

B. Title
Abstract titles should be concise and should not contain abbreviations. Please use Title Case and make sure to bold the entire title.
Example:
Title of Abstract
(Times New Roman, Bold, Size 14, Flush center)

C. Author
First name (s) or initials of first name (s) followed by family name. Affiliation details of all authors: department; institution/hospital; city; country.

Example:
Presenting Author1, Co-author2, Co-author3
(Times New Roman, Size 12, Flush center, Underline Presenting Author)
1Institution of Author, 2Institution of Author, 3Institution of Author
(Times New Roman, Size 12, Flush center)

D. Body
1. Supported file format is Microsoft Word.

2. Font: Times New Roman, size: 11 in single line spacing. Except for the first line, the text should be indented from the left margin by 10 mm.

3. Abstracts must not exceed a 250 word limit. The word limit relates only to the text of the abstract and does not include title, authors and institutions.

4. The abstract should be concise and present the background, objective, method, result and conclusion.
Registration Fees

Registration can be done ONLINE through our website: www.apch2015.org (Sub-menu: Registration & Accommodation).

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<th>Overseas Participants</th>
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<td>Accompanying person / Overseas (non medic, include lunch)</td>
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Note (*) Institution letter should be shown upon registration

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Bank Transfer to:
Bank : BANK MANDIRI, RS. HARAPAN KITA JAKARTA BRANCH
Address : Letjend. S. Parman Kav. 87. Slipi. West Jakarta 11420 - Indonesia
Account Name : APCH Ball 2015
Account Number : 117 000640658 - 1
Swift Code : B M R I I D J A
Accommodation

Accommodation Reservation can be done **ONLINE** through our website: www.apch2015.org (Sub-menu: Registration & Accommodation). The accommodation list can be reserved only after filling the online registration form.

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