



Trefor Morgan APSH Secretary General

The second APSH/ISH Summer School was held from 31st July to 4th August at the Crown Plaza Hotel, Shanghai, China. It was attended by 27 Scholars, 12 Faculty and appropriate support staff. Scholars came from China, Australia, Bangladesh, India, Indonesia, Malaysia, Thailand, Taiwan and Vietnam. The Dean of the Summer School was Trefor Morgan. The Convener and local organizer was Jiguang Wang. The International faculty members supported by ISH were Ernesto Schiffrin (Canada) and Garry Jennings (Australia). The New Investigator Committee of ISH was represented by Akira Nishiyama (Japan). The Member societies of APSH provided the following Faculty members: Markus Schlaich (Australia), Narsingh Verma (India), Arieska Ann Soenarta (Indonesia) and Hiroshi Itoh (Japan). China provided 3 Faculty Members: Zhaosu Wu, Yuqing Zhang and Zhiming Zhu.

The Summer School is an event with presentations by scholars, interspersed by interactive discussion and update lectures by the faculty members. Each day the meeting ran from 08.30 to 17.30 with 1 hour for lunch. Wednesday was a half day with a city tour of Shanghai including a visit to the BUND and a twilight river cruise.

In the meeting there was a strong emphasis on detection and primary prevention balanced by presentations and discussions on modern principles of management. There was discussion of the guidelines from different regions of the world and their relevance to countries at different stages of development. Original work was presented by the faculty and scholars. There was a case management session organized by Markus Schlaich. The role of the New Investigator Committee of ISH was presented by Akira Nishiyama and I am confident this will lead to a number of new applications to ISH to join as Research Fellows and take part in future ISH meetings and New Investigator Committee initiatives.

The participants in the Summer School, both Scholars and faculty, thought that the event was a success and should be continued in the future. The Summer Schools have been able to be conducted due to grants from ISH that have provided fares for the international faculty and some support for the local organization. Member societies of APSH have funded the attendance of faculty members and provided support for scholars to attend. The major cost has been borne by the local hosts, the Chinese Hypertension League and the Shanghai Institute of Hypertension. It is planned to hold a third summer school in 2019 and a search for a host society will be made shortly.

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Asian Pacific
Society of
Hypertension



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APSH / ISH SUMMER SCHOOL
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